

metro

PHILADELPHIA NO. 1 FREE DAILY IN THE US

Thursday, April 5, 2018 metro.us | t: MetroPhilly | f: MetroPhilly

'FLANNEL ANIMALS' BARING BODS

The bros-behind-the-brews beauty contest that you won't want to miss. 22 -25



Face of Philly's pot push gets probation. 8

Can Sixers win a playoff series without Embiid? 28

Where Will the Trails Take You This Season?



Join us for fun-filled events throughout the region #OnTheCircuit — find one near you at circuittrails.org/events.

PROUD TO TRAIL **THE CIRCUIT TRAILS**

INFORMATION

Philadelphia has shown it knows how to party, and the city will host a second victory parade in less than three months as Villanova celebrates its second title in three years. 4, 6 & 7



CONGRATULATIONS VILLANOVA
2018 NATIONAL CHAMPIONS
Poster inside. 18-19


clover market
LUCKY FINDS FOR THE HOME

THIS SUNDAY 4/8

10am-4pm | Chestnut Hill PA - 25 W Highland Ave.

100+ Vendors | Antiques, Handmade, Vintage, Food & Music

Info & Spring Schedule at theclovermarket.com

THINGS YOU
NEED TO KNOW

A PHILLY POLICE HORSE WHO ASKED NOT TO BE NAMED

"So you want to hear it straight from the horse's mouth? Few horses have jobs anymore, the carriage ride trade is smaller than ever, and police work is a dangerous job. I've had a long face ever since that drunk Eagles fan punched me in January. So as Philly prepares to honor the Villanova Wildcats with a parade on Thursday, to fans getting too rowdy, I say: 'Stop horsing around!' Violence is not condoned, and while I'm just as excited for the Wildcats as you are, I'm hoping not to get struck this year because it's kind of ruining our reputation around the country. And to those who hate Philly sports teams, I say, 'Get off your high horse.' My favorite will always be the 'Phillies' — get it? Be safe! NEEEE-I-I-I-GGH! Read more inside!"

ISTOCK

WELCOME TO
METRO PHILLYMEXICO REACTS AS TRUMP
POSTS TROOPS ON BORDER

President Donald Trump, unable to get the Congress or Mexico to fully fund his border wall, will post National Guard troops along the Mexican frontier, officials said on Wednesday, in a move that was likely to escalate tensions with the key U.S. ally. The Trump administration was working with the governors of the four southwestern U.S. states to deploy the Guard, said Homeland Security Secretary Kirstjen Nielsen, adding that the troops would not be involved in law enforcement. In a supporting role, the Guard will help U.S. Customs and Border Protection personnel with stopping illegal

immigrants from entering the country, Nielsen said. The Mexican government has told the United States that "if the announced deployment of the National Guard turned into a militarization of the border, that would gravely damage the bilateral relationship," Mexico's Foreign Ministry said. It said Nielsen discussed the planned National Guard deployment with Mexican Foreign Minister Luis Videgaray on Wednesday and told him the troops will not carry arms. The National Guard is a reserve wing of the U.S. armed forces that is partially under the authority of governors.

SOURCES: THIS WEEK, US
WILL SANCTION RUSSIANS

The United States plans to sanction Russian oligarchs this week under a law targeting Moscow for meddling in the 2016 U.S. election, sources familiar with the matter said on Wednesday, in what could be the most aggressive move so far against Russia's business elite. The action, which could affect people close to President Vladimir Putin, reflects Washington's desire to hold Russia to account for allegedly interfering in the election even as President Donald Trump holds out hope for good relations with Putin. Trump has faced fierce criticism for do-

ing too little to punish Russia for the election meddling and other actions. The sanctions, which two sources said would be announced as early as Thursday, would follow the March 15 U.S. decision to sanction 19 people and five entities, including Russian intelligence services, for cyberattacks stretching back at least two years. While the steps were the most significant taken against Moscow since Trump took office in January 2017, his decision at the time not to target oligarchs and government officials close to Putin drew criticism from U.S. lawmakers in both parties.

OPENING CEREMONY OF THE GOLD
COAST 2018 COMMONWEALTH GAMES

3 A general view as White Whale Migaloo is seen during the Opening Ceremony for the Gold Coast 2018 Commonwealth Games at Carrara Stadium on Wednesday on the Gold Coast of Australia.



GETTY IMAGES

US SOFTENS TARIFF STANCE
AFTER CHINA RETALIATES

4 President Donald Trump's administration signaled on Wednesday that proposed U.S. tariffs on \$50 billion in Chinese goods may be a negotiating tactic in the escalating U.S.-China trade fight in which China retaliated by targeting key American imports with similar duties. Just 11 hours after the United States proposed 25 percent tariffs on some 1,300 Chinese industrial, technology, transport and medical products, China responded with a list of similar duties on major American imports including soybeans, planes, cars, beef and chemicals.

Asked whether the tariffs announced by the United States on Tuesday may never go into effect and may be a negotiating tactic, Trump's top economic adviser, Larry Kudlow, told reporters, "Yes, it's possible. It's part of the process." When Kudlow was asked whether the United States could lose a trade war, he said, "No. I don't see it that way. This is a negotiation, using all the tools." Kudlow described the announcements by the two countries as "just the first proposals," adding, "I doubt if there will be any concrete action for several months."

FACEBOOK SAYS DATA LEAK
HITS 87 MILLION USERS

5 Facebook Inc. said on Wednesday that the personal information of up to 87 million users, mostly in the United States, may have been improperly shared with political consultancy Cambridge Analytica, up from a previous news media estimate of more than 50 million. Chief Executive Mark Zuckerberg said in a call with reporters that Facebook had not seen "any meaningful impact" on usage or ad sales since the scandal, although he added, "it's not good" if people are unhappy with the company. Shares rose more than 3 percent after the bell.

Zuckerberg said that he accepted blame for the data leak, which has angered users, advertisers and lawmakers, while also saying he was still the right person to head the company. "When you're building something like Facebook that is unprecedented in the world, there are going to be things that you mess up," Zuckerberg said, adding that the important thing was to learn from mistakes. He said he had not fired anyone over the scandal and did not plan to. "I'm not looking to throw anyone else under the bus for mistakes that we made here," he said.

THE BEST WAY FROM HOME TO
HOME FIELD

exclusively ours

CUSTOMIZE YOUR FREE LANCÔME GIFT



YOUR 7-PIECE GIFT WITH
ANY LANCÔME PURCHASE
OF \$39.50 OR MORE,
A \$103-\$139 VALUE

CHOOSE YOUR
COSMETICS BAG

CHOOSE
Your Eye or Face Duo

RECEIVE
Absolue Precious
Cells Nourishing
Lip Balm



CHOOSE
Your Moisturizer

CHOOSE
Your Mascara

RECEIVE
Bi-Facil Eye
Makeup Remover

BUY MORE, GET MORE

Receive 3 additional Beauty Essentials with any \$70+ Lancôme purchase,
up to a \$231 value.



CHOOSE
Your Skincare Trio or
your Makeup Trio

Lord & Taylor

RECEIVE FREE SHIPPING AND 5 FREE SAMPLES OF YOUR CHOICE WITH YOUR \$49+ ONLINE BEAUTY ORDER

FOR THE LORD & TAYLOR NEAREST YOU, VISIT LOCATIONS.LORDANDTAYLOR.COM OR CALL 1-800-223-7440
Value will vary based on customer's selection of products. One gift per customer, please; available now - Monday, 4/23 or while supplies last.

NEWS



The Villanova victory parade will begin at 11 a.m. at 20th and Market streets. JENNIFER KERRIGAN

Villanova 2018 victory parade guide: Where, when and how to go

A full transportation guide and street closures for the Villanova championship parade.

EVAN MACY
evan.macy@metro.us

Those of you who were around two years ago know the drill.

For newcomers to the Villanova championship scene — welcome. Monday night's 79-62 thumping of Michigan and the ensuing bedlam on 'Nova's campus was just the first part of the celebration. There's another championship parade in Philly — on Thursday in Center City. In contrast to the Eagles long march from South Broad Street to the Art Museum, the Wildcats will march on a different route, identical to the one they took in 2016 when they last won a championship.

The basics

The parade starts at 11 a.m. at 20th and Market streets. It will stretch to Dilworth Park next to City Hall, where a victory rally will be held.

How to get there

The university released some useful information for public transit: Extra capacity will be added to SEPTA's Norristown High Speed Line (NHS), Market-Frankford Line (MFL) and Broad Street Line (BSL). The NHS provides service from the Villanova University area with stops at Radnor and Villanova Stations (Note: Stadium Station is closed for renovations).

NHS passengers can transfer to the MFL at 69th Street Transportation Center to continue the trip to Center City.

Regional Rail is also an option for fans traveling to the parade, as SEPTA's Paoli/Thorndale Line serves stations in Rad-

nor, Villanova and Rosemont. Paoli/Thorndale Line trains operate about every 30 minutes. Schedule details are available at septa.org/schedules/rail/index.html.

The subway stations at City Hall will remain open unless they become overcrowded.

Where to avoid

The following streets will be closed starting at 10 a.m. until about 1 p.m. Thursday: 1600-1900 Market Street and 16th, 17th, 18th, 19th and 20th streets from JFK Boulevard to Chestnut Street.

The following streets will be closed starting at 10 a.m. until about 3 p.m. on Thursday: 1500 Market Street, 15th Street from Race to Chestnut streets, and S. Penn Square from 15th Street to Broad Street.

What to wear

The rain will finally stop Thursday, but the cold will not. Temperatures for the parade are expected to be in the mid- to high 40s during the event so be sure to wear a few layers underneath your 'Nova swag.

BEST SPOT

A rally will take place at Dilworth Park likely close to noon. It's a good chance to get up close with the team before many players, like Jalen Brunson and Mikal Bridges (likely) go their separate ways and head to the NBA. There is also a chance the players could break some news at the rally, as every player from the championship roster still has eligibility to play on the Main Line again next year — or go pro.

Grab a spot along market street within view of the stage and big screens next to City Hall.

Severe Injury • Cerebral Palsy Cancer • Medical Mistakes

- Brain Injury
- Paralysis
- Amputations
- Doctor Mistakes
- Obstetrical Mistakes
- Wrongful Death

Speak with a Harvard and Yale trained Doctor-Lawyer

Over \$100 million recovered as co-counsel

Former Assistant Professor at Harvard Medical School

Former Attending Doctor at Harvard Teaching Hospitals

Named one of Rising Stars & Super Lawyers by publisher of Philadelphia Magazine

Member of the Multi-Million Dollar Advocates Forum



www.tymdjd.com

Law Offices of Tai Y. Wong

215-592-9750

Free initial consultation. No Recovery-No Fees.

1101 Market Street, Aramark Tower, Suite 2820, Philadelphia, PA 19107

DAMAGE TO YOUR HOUSE?



WATER DAMAGE



WATER HEATER



ROOF DAMAGE



FIRE/SMOKE



TOILET OVERFLOW



LEAKY PIPES

You may be entitled to:

\$\$\$\$ MONEY \$\$\$\$

CALL TODAY FOR YOUR FREE HOME INSPECTION!



MY MOMMY
DOESN'T GET PAID
UNLESS YOU DO!

Over 24 years in business.
A+ Rating with the BBB!

215-886-7440



**ADJUSTMENT
SERVICE, LLC**
PUBLIC INSURANCE ADJUSTERS

Villanova victory parade route



Philadelphians have mixed feelings ahead of today's Villanova parade.



MORGAN ROUSSEAU
morgan@metro.us

Thousands of Villanova fans are expected to descend on the streets of Philly today to celebrate the team's epic win. But not all locals are too keen on the college holding its victory parade in the city.

"I'm actually pissed about this Villanova

parade [Thursday]. It's about to make my commute to class tomorrow extra as hell," tweeted @_JayyLovee.

"They have streets they can parade around in Villanova PA, why the hell are they getting one in the city?" tweeted @MtAiry-

Matt.

"I don't understand why we have to have Villanova championship parades in Philadelphia. The campus is in Villanova, Pa. go overcrowd and dirty up that area. We just got over the Eagles celebration," tweeted @AdoreHeechul.

Others, like @noelle_marie, were looking forward to the festivities.

"Perks of working downtown: Villanova parade is 2 blocks from my office," she tweeted. @acelove was also eager for the party to get underway, tweeting "Villanova

parade tomorrow + Phillies home opener! Gonna be a great day!"

Some were neutral: "I wonder if the Villanova parade will rival the Eagles parade. At least it will be bigger than Trump's inauguration," tweeted @deathbedtest.

Clear Appliances Are Now Affordable!

- Get straight teeth
- No metal brackets, no wires
- Virtually unnoticeable
- Easy to wear and remove
- Evenings and Saturdays
- Se habla español



Harold Slutsky, D.M.D., P.C.
ORTHODONTIST
For A Smile Like No Other



Call now and schedule your **FREE CONSULTATION**
215-335-2500 | www.philadelphiabraces.com

Best places to drink near the Villanova parade

Here are some of the best bars to stop over at during Villanova's victory parade.



SAM NEWHOUSE
sam.newhouse@metro.us

The Villanova Wildcats' staggering 79-62 NCAA Championship victory over the Michigan Wolverines on Monday has given Philadelphia another reason to celebrate, just months after the Eagles brought home the Super Bowl trophy.

Some one million fans flocked to the Ben Franklin Parkway for the Eagles' 5-mile victory parade. Closer to 50,000 are expected for the Villanova parade from 20th Street to City Hall, ending in a rally at Dilworth Park. It's the same route Nova followed when celebrating previous victories in 2016 and 1985.



About 50,000 people are expected for the Villanova parade from 20th Street to City Hall, ending in a rally at Dilworth Park. GETTY IMAGES

Roads near the parade route will start to close around 9 a.m. The parade will start at 11 a.m. at Market and 20th and will reach City Hall by 11:45, and the rally is scheduled to go until 12:30 p.m.

While you're in the area, here are some of the best bars along the parade route. Be sure to ask for that citywide special.

But if you're under 21, forget it. They won't serve you, and intoxicated juveniles could be detained by law enforcement.

BEST BARS FOR GETTING DRINKS DURING THE NOVA PARADE

Liberty Bar & Grill – 2204 Market St.
Right near the parade route and open at 8 a.m., this is a "never say die" type of pub.

Bonner's Irish Pub – 120 S. 23rd St.
A bit far from the parade route, but the great food and convivial staff might lure you into lingering here all day.

Drinkers – 1909 Chestnut St.
A popular place to get pitchers of beer after a hard day.

Oscar's Tavern – 1524 Sansom St.
Known widely as possibly the greatest dive bar in the world.

Fine Wine & Spirits – 2040 Market St.
Because who says you have to go to a bar?

Philly's bad reputation for sports celebrations

Around the nation, Philadelphia does not have a sterling reputation for sports fan's behavior. From pelting Santa with snowballs to the late "Pukemon," who puked on a little girl at a Phillies game.

And one such shameful past behavior, by some unruly fans, included literally punching police horses who were

patrolling near games to protect fans.

Two brutes attacked police horses in January outside Lincoln Financial Field during the playoffs. One attacked Samson, a state police horse before the Eagles NFC championship win over the Vikings. The other attacked Nicky, a horse with the Philadelphia Mounted Unit and the officer riding him outside the victory over the Falcons.

Nicky and Samson did not

sustain serious injuries in the attacks.

Assault on a police horse is typically charged as a felony, and can carry serious prison time.

In 2016, four Villanova fans were arrested in Radnor Township for hitting or slapping police horses after the Wildcats won that year's NCAA championship.

Radnor Township police crackdown ahead of the 2018 NCAA championship on any horse assaults, including felony charges for any such assault, and no such incidents were reported.

"It isn't funny to hit an animal anyways, but there are serious repercussions if you hit a police animal," Radnor Police Lt. Chris Flanagan told philly.com. "You're not allowed to taunt them either." SAM NEWHOUSE



I AM SEEN AND I AM SAFE.

The **CRAFT HIGH VISIBILITY COLLECTION**

offers 360 degrees of reflectivity, excellent body-temperature management and is constructed with an ergonomic design to ensure aerodynamics, visibility and comfort for any shoulder season ride.



LITHE RAIN JACKET

VERVE GLOW SHORT



Available at REI and REI.com.

CRAFT

Philly weed activist NA Poe gets probation for pot party

Poe decries being "saddled with a felony" after pleading guilty to organizing a marijuana market in a Frankford warehouse.

HAYDEN MITMAN
letters@metro.us

On Wednesday, Philadelphia marijuana activist Nikki Allen Poe (legal name Richard Tamaccio) was sentenced to serve four years on probation, along with 100 hours of community service, after pleading guilty to charges related to organizing an indoor pot market in a warehouse in Frankford.

Yet, even with this sentence, Poe will still be permitted to have marijuana in his system while on probation, as he has a medical marijuana card

for the state.

In court before Judge Scott DiClaudio, Poe's attorney, Charles Peruto, said that even though the 38-year-old has had two prior issues with police — a DUI in Florida and a federal summary charge for smoking pot on government property — because he serves as a "face" of the marijuana legalization movement in Philadelphia, he poses little threat of recidivism.

"You can bet he's not going to come back," Peruto told the judge.

Along with the probationary sentence and being required to serve community service, a requirement that Poe said after sentencing wouldn't be a concern — "I live a life of service," he said — Poe will be required to pay a restitution of \$2,500.

Poe pleaded guilty to charges of possession with intent to deliver and con-

spiracy stemming from a police raid of a party — dubbed a "Philly Smoke Sesh" — that attracted some 200 people to a warehouse in Frankford in April of last year.

At the time, police said they seized 50 pounds of

marijuana, 100 pounds of "THC-infused edibles" and \$50,000 in cash. Twenty-two people were arrested, all of whom city prosecutor Ryan Slaven said were believed to have been selling marijuana at the party. But Poe and his girlfriend Rachael Friedman were accused of organizing the event, and were charged with more serious offenses including reckless endangerment and causing or risking a catastrophe.

However, those charges against Poe have been dropped. Friedman's charges are pending and she will next appear in court in May.

In rendering his verdict, DiClaudio noted that even though views have been changing on the criminal definition of marijuana, with the state legalizing it for medical use and newly elected DA Larry Krasner even issuing an order earlier this year



Philly marijuana legalization activist Nikki Allen Poe, seen at a pop-up weed garden event in 2016, got probation after pleading guilty to organizing a marijuana market in a warehouse. CHARLES MOSTOLLER

telling police not to arrest anyone for possession of the drug, it is still illegal, and as a servant of the court, he was required to treat it as such.

"I need you to understand that it's still illegal, what you have done," the judge told Poe.

Following the sentence, Poe's attorney said that he was "tickled pink" by the verdict.

"This is a relief ... [the prosecution] realized nobody was in danger," said

Peruto of the dropping of the reckless endangerment charges.

In addressing the press following the sentencing, Poe said he was glad that he was only given a probationary sentence but frustrated by the fact that he will be "saddled with a felony" for the rest of his life while marijuana is moving to a place of legality in Philadelphia.

"In three to five years, these crimes 'won't be crimes,'" he said.

50 lbs
Amount of pot seized by police at the "Philly Smoke Sesh"

100 lbs
Amount of THC-infused edibles seized by police during the raid

\$50K
Amount of cash seized by police at the event

WE INSTALL - VINYL - LVT - WPC - HARDWOOD - CARPET • WE INSTALL - VINYL - LVT - WPC - HARDWOOD - CARPET • WE INSTALL - VINYL - LVT - WPC - HARDWOOD - CARPET

Aramingo

CARPET & FLOORING

www.aramingocarpetandflooring.com

SPRING SAVINGS SALE!

LAYAWAY AVAILABLE!

From A Room To A Whole House Over 300 Remnants & Rolls To Choose From!

We Install What We Sell!

Next Day Installation Available On In Stock Merchandise.

Shop us First, Shop us last
We Will Beat Any Competitor's Written Estimate.

Debit Cards Accepted

SE HABLA ESPANOL

FREE SHOP AT HOME SERVICE

MENTION AD FOR ADDITIONAL DISCOUNTS OR COME IN AND VISIT OUR WAREHOUSE/SHOWROOM BINDING SERVICES AVAILABLE.

4591 Aramingo Ave., Philadelphia, PA 19124

215-537-9666

LIKE US ON

Open: Mon., Wed., Fri., 9-8 PM.
Tues., Thurs., Sat., 9-5 PM
Sundays: By Appointment only

12 MONTHS INTEREST FREE FINANCING! SAME AS CASH!

Directions: Take I-95 to Betsy Ross - Aramingo Ave. Exit, Turn left on Aramingo Ave., (end of ramp)
We are about 2 blocks away on the right

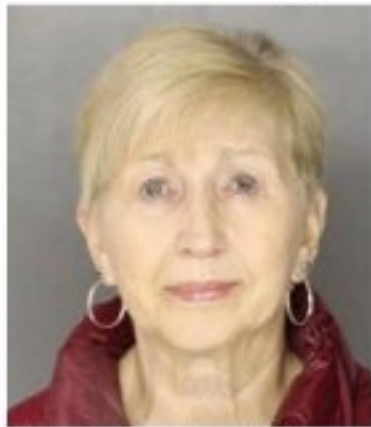
WE INSTALL - VINYL - LVT - WPC - HARDWOOD - CARPET • WE INSTALL - VINYL - LVT - WPC - HARDWOOD - CARPET • WE INSTALL - VINYL - LVT - WPC - HARDWOOD - CARPET

DA: Chesco woman, 70, stole \$264K in gov't funds for 'shopping addiction'

A Downingtown woman has been charged with allegedly embezzling a quarter-million dollars in utility bills from a Chester County township and spending it on online shopping sprees, prosecutors say.

Receptionist Donna Groff, 70, reportedly claimed a "shopping addiction" drove her to steal a \$264,577.87 in taxpayer funds from the municipal body and spend it online on designer clothes, makeup, shoes, jewelry, home decorations and other items, Chester County DA Tom Hogan announced Wednesday.

"Valley Township was victimized by this trusted employee, acting merely to amuse herself, and now the taxpayers will foot the bill," DA Tom Hogan said in a statement. "Valley Township needs to do a comprehensive audit of the township's finances to determine if there are any other



Donna Groff, 70, allegedly stole \$264K in utility bills from Valley Township and blew it on shopping sprees. COURTESY OF CHESCO DA'S OFFICE

problems or systemic weaknesses."

Groff was "trusted and well-liked" in her job as a secretary and receptionist for Valley Township. One responsibility included collecting "cash payments by citizens for their water, sewer and trash bills," according to Hogan. After a fellow employee noticed a discrepancy in the utility payments, they contacted law enforcement, who allegedly found evidence that Groff had been

stealing citizens utility payments for years.

"She simply put the cash into her purse and walked out with it at the end of the day," the DA's office said in a press release. "She fabricated fraudulent bank deposit slips and altered bookkeeping records to cover up the crime."

Stolen funds initially went toward medical and dental bills, Hogan said, but most went toward hundreds of transactions with QVC and other shopping outlets.

Groff allegedly confessed to the theft and fraud after being confronted by a detective at her office on Dec. 19, 2017, and was immediately fired.

She is now charged with theft, tampering with records, unlawful use of a computer and related crimes.

Valley Township did not immediately respond to requests for comment. **SAM NEWHOUSE**

Celebrating our
27th
Anniversary!

American Home Concepts
Home Remodeling Specialist
"www.AmericanHomeConcepts.com"

PA-HIC
Reg.# PA008523

Free Estimates
(610) 667-7775

20% OFF
with this Coupon on All Work
Not valid on previous orders. Cannot be combined with other offers. Call American Home Concepts at 610.667.7775 for details.

- Kitchens
- Bathrooms
- Windows & Doors
- Vinyl Siding
- Garage Doors
- Carpeting & Tiles
- Porches
- Decks
- Cement
- Awnings
- Roofing
- Railings
- Fences

BE REAL-WORLD READY

with Thomas Jefferson University's SCHOOL of CONTINUING and PROFESSIONAL STUDIES



Jefferson

Philadelphia University +
Thomas Jefferson University

HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

Accelerated BS Degree Completion Program

Finish your undergraduate education and take charge of your future.

- **Transfer up to 72 credits** (the program is designed for those with at least 30 credits).
- **Earn credits** for work experience or professional development.
- The **five, accelerated eight-week terms per year**, allows students to adjust their schedule every two months.
- **Classes are offered at three locations:** East Falls Campus, Bucks County Campus and the Delaware County location.
- Program professors are industry professionals and academic advisors **provide support from application to graduation.**
- **11 Bachelor's Degree options to choose from:** Accounting, Business Management, Behavioral and Health Services, Health Sciences, Health Services Management, Human Resource Management, Information Technology, Law Enforcement Leadership, Leadership in Emergency Services, Leadership in Homeland Security, Organizational Leadership

JOIN US FOR AN INFORMATION SESSION:

Saturday, April 7	10 a.m. – Noon	East Falls Campus
Monday, April 9	6:30 – 7:30 p.m.	Virtual
Tuesday, April 10	6 – 8 p.m.	Delaware County Location
Wednesday, April 11	6 – 8 p.m.	East Falls Campus
Thursday, April 12	6 – 8 p.m.	Bucks County Campus



Visit Jefferson.edu/CPS or call 215-951-2900 for more information and to register for an information session.

REGISTER: <http://bit.ly/PHILLYURF2>

URBAN REGENERATION FORUM 2: Resilience through a Regenerative Lens



The next chapter in the Sustainability discourse has begun. Join us.

April 11th 2018 – FREE or Pay-What-You-Wish

"The major problems in the world are the result of the difference between how nature works and the way people think". – Gregory Bateson

THESE EVENTS ARE ALL ABOUT SCALING THAT REALIGNMENT

EVENT BROUGHT TO YOU BY
The Sustainability

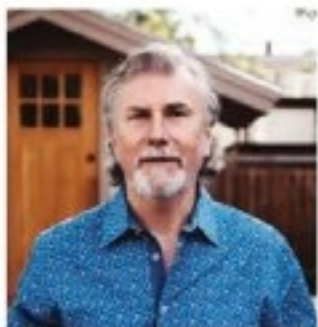
NEXUS

HOSTED BY



LOCATED AT:

Walk Auditorium, Ritter Hall, Temple University
1325 Cecil B. Moore Ave, Philadelphia, PA 19122



OUR KEYNOTE, who will help us explore
the application of **REGENERATION** to
the concept of **RESILIENCE/Y** for our region

JIM NEWMAN is founder and Principal at Linnean Solutions. He helped found the Massachusetts Chapter of the USGBC and held the position of Chair of the Board of the Chapter for two years. Jim is a founding Board member of a the Resilient Design Institute. Created by Alex Wilson of BuildingGreen, the organization pursues research and education on resilience in the built environment. Jim is also a Board member of CLEAR, the owner of the LENSES regenerative development framework. Previously, Jim worked as the Director of Strategy at BuildingGreen.

Panelists

Christine Knapp

Director of Sustainability, City of Philadelphia

Brett Fusco

Manager, Office of Long-Range Planning,
Delaware Valley Regional Planning Commission (DVRPC)

Thomas Flaherty

Deputy Director for Planning and Policy, Energy Coordinating Agency (ECA)

Felix Torres-Colon

Executive Director, NKCDC

EVENT PARTNERS – INTERNATIONAL



EVENT PARTNERS – HIGHER EDUCATION

EVENT PARTNERS – REGIONAL

THE CITY OF PHILADELPHIA
OFFICE OF
SUSTAINABILITY



EVENT PARTNERS – MEDIA



EVENT PARTNERS – CATERING



Artist adds burgers to masterpieces of painting



But there are no
fries with that in
Brazilian's modifi-
cations project.



METRO WORLD NEWS
letters@metro.us

Hamburgers are one of the most popular junk foods in the world, and thanks to Brazilian artist Gabriel Araujo we can now see them even on classic paintings. In his project dubbed The Burger Friday, a spinoff of The Canvas Project, Araujo added modern elements to the drawings.



A Brazilian artist has updated classic paintings. ALL IMAGES GABRIEL ARAUJO



Now Enrolling Students for a Nurse Aide Training Class

Affordable/Discounted Tuition

Limited spots available! First come, first served!

Deadline to apply: APRIL 20th

Date: April 24 – June 6 (7 weeks)

Classroom Hours: 5:00pm – 9:30pm (T, W, Th.)

Clinical Hours: 7:30am – 2:30pm (Saturday & Sunday)

Location: 6926 Old York Rd, Philadelphia PA 19126

Contact: Jenny at (215) 572-1234 x10
or jennybedin@passi.us

www.passi.us



Q&A

GABRIEL ARAUJO
Brazil-based digital artist

How did you come up with the idea of The Burger Friday?

The Burger Friday series is a spin off series of an art project called The Canvas Project. I am very interested in art history, so I started to notice that some specific subjects were very recurrent among artists in different periods of the history. One of them is the beheading of St. John the Baptist. This is a theme that has inspired other of my artworks in the past, but I recently have decided to recover it under the theme of The Canvas Project.

Why did you choose the beheading of John the Baptist as main theme?

I chose this theme to work with because of the fact that all paintings have a similar element (St. John the Baptist's head) that could be changed – and completely change the mood, meaning and the perception of the scene.

How did the idea of including hamburgers come about?

The original story, very briefly, behind the original paintings is that Herod had imprisoned St. John the Baptist, and latter had ordered his execution because he was requested to do so by Salome, after she danced to him at a banquet. So I started to imagine how things could be if she requested of something different... some burgers maybe.

What is the main idea behind The Canvas Project?

The surreal and unexpected images are exactly the idea behind The Canvas Project: Add modern elements to classical paintings.

What has been the reaction of the social media users and the people to your project?

The Canvas Project aims to travel around the world and give life to well-known personages of famous paintings by placing them in a different context. The reaction of people have been amazing.

INTERVIEW BY
DANIEL CASILLAS, MWN



CANCER MEDICAL MALPRACTICE BIRTH/PREGNANCY INJURIES/DEATHS

Delayed/failure to diagnose cancers, medical/nursing/hospital mistakes/negligence, /birth/cerebral palsy/pregnancy injuries/ amputations/paralysis/paraplegia/vaginal/pelvic/abdominal/ surgical mesh complications/anesthesia/heart attack /stroke injuries/complications/ deaths/all suspicious deaths, etc. Cases Reviewed with Expert Physicians, including Ivy league trained expert physicians.

Evaluations by Attorney named top 1% of attorneys nationwide-National Assoc. of Distinguished Counsel, America's Top 100 Attorneys-Pennsylvania, many times as one of PA's best medical malpractice/personal injury attorneys with selections as a PA Super Lawyer, legal commentator, board member of PA's and Philly's largest trial lawyers organizations, life-time member of Million Dollar Advocates Forum, and former adjunct. Prof of Law.

Millions of Dollars Recovered for Injured Clients



CALL **215-567-0493**
or email now for Free Consultations

EMMANUEL LAW FIRM, LLC

Two Penn Center, 1500 JFK Blvd. www.emmanuelawfirm.com
No Recovery-No fee/Free Consultations • Home/Hospital Visits

Senior Citizens
and Military
15% Discount!

ARTIE CLEAR ROOFING AND DRYWALL



**SPRING SPECIAL ON
HEATERS, ROOFING, AND WINDOWS**
25% SAVINGS
NO PAYMENTS UP TO 6 MONTHS!!!
10% OFF ON CONCRETE

NO JOB TOO BIG OR TOO SMALL!!!!!!!
WE DO ROOFING, DRYWALL,
HEATERS (Gas or Electric), AND MORE.
FREE ESTIMATES-100% FINANCING AVAILABLE!
EVERYBODY GET'S APPROVED!
ARTIE CLEAR FROM EAGLES REPORT CARD AND FOX
CALL ARTIE TODAY AT
609-335-0207 or 215-444-6844
FOR YOUR FREE ESTIMATE.



Conor Lamb, Democratic congressional candidate for Pennsylvania's 18th District, greets supporters at an election night rally on March 14, 2018, in Canonsburg. GETTY IMAGES

Trump's 'Lamb the Sham' zinger not likely to impact Dems' momentum

As elections loom, Democrats are vowing not to be baited by Trump's name-calling shenanigans.

Before last month's special congressional election in Pennsylvania, U.S. President Donald Trump, who ridiculed his rivals in the 2016 election as "Liddle Marco," "Lyin' Ted," and "Crooked Hillary," tried it again, tagging Democratic candidate Conor Lamb as "Lamb the Sham."

This time, the tactic failed.

But it illustrated a penchant for often brutally effective nicknames that Democrats are bracing for Trump to employ when he campaigns for Republicans in November's congressional elections.

All 435 members of the House and a third of the 100-member Senate will be up for grabs. A Democratic takeover of one or both chambers could derail much of the Republican president's policy agenda.

While acknowledging that the tabloid-style strategic branding may have worked for Trump in the presidential election, Democrats insist they will not be baited into fighting back with name-calling of their own.

"I don't think that we should ever do stuff like that," Rep. Keith Ellison, deputy chairman of the Democratic National Committee, told Reuters.

Ellison is all too familiar with Trump's scorched-earth shorthand. In 2016, he was an early and fervent supporter of Democratic presidential candidate Bernie Sanders, or "Crazy Bernie," as Trump called him. "When they go low, we should go high," Ellison said in a comment echoed by other Democrats.

So far, the nicknaming that Trump wielded like a political sledgehammer in 2016 has had limited success in congressional races. While Republicans Marco Rubio and Ted Cruz and Democrat Hillary Clinton were all vanquished in the 2016 presi-

dential race, Lamb beat his Trump-backed rival in a result that rattled the Republican establishment.

In the widely watched Senate race in Alabama in December, Trump branded Democrat Doug Jones as "Liberal Puppet Jones." But Jones pulled off an upset over Republican Roy Moore, becoming the first Democrat elected to the Senate from Alabama in 25 years.

Polling suggests, however, that Trump's nicknames often work and can inflict long-lasting political damage. Exhibit A: Jeb Bush. After Trump derided his presidential rival as "Low energy Jeb Bush," the nickname appeared to stick. A Reuters/Ipsos poll in 2016 found that more

than a third of Republican voters believed Bush, a former Florida governor, was a "low energy" person.

"He defines his opponents' brands," Tim Calkins, a marketing

professor at Northwestern University, said of Trump.

Dismissing Trump's broadsides as schoolyard taunts carries political risk, as Clinton found out. Experts in communications and marketing warn not to underestimate the ability of Trump, a former reality TV star, to define opponents and issues in easy-to-grasp language that resonates.

Aides say Trump believes his labels are effective because they can carry a ring of truth.

"You have to brand people a certain way when they're your opponents," Trump told a rally in Boca Raton, Florida, in early 2016. At that event, he took the time to make sure that attendees knew that his label for Rubio was spelled "L-I-D-D-L-E," which apparently made it more demeaning.

The crowd ate it up. A few days later, Trump trounced Rubio in the Florida Republican primary, and Rubio dropped out of the race. REUTERS

"You have to brand people a certain way when they're your opponents."

President Donald Trump

TOPCHOICE
H O M E C A R E
Quality. Commitment. Compassion

In need of

**FREE HOME CARE SERVICES?
HIRE YOUR FAMILY MEMBER OR
FRIEND AS YOUR CAREGIVER.**

WE OFFER OUR CAREGIVERS:

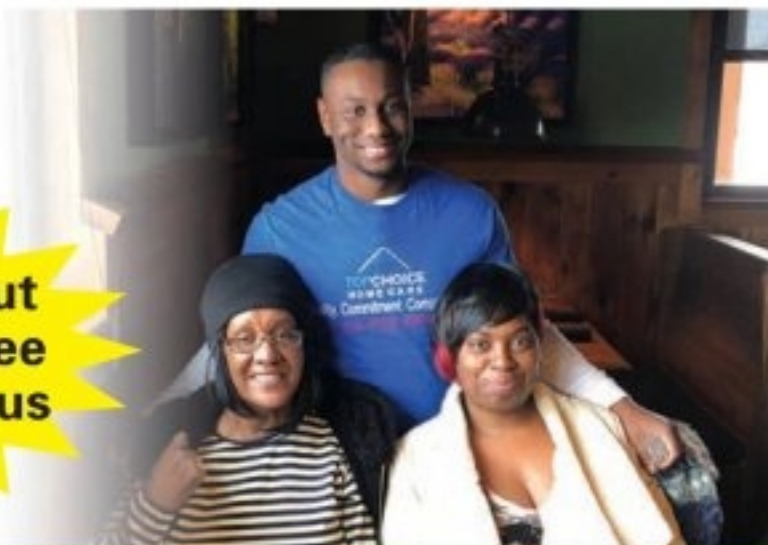
- Top Competitive Pay
- Holiday Pay
- Birthday Pay
- Overtime Pay
- Premium Health Insurance And More.....

**ASK ABOUT OUR
BINGO NIGHTS**

WE OFFER CLIENTS:

- Professional And Caring Staff
- Birthday Recognition
- Food Assistance
- Holiday Gifts
- Special Events

**Ask us about
our employee
sign on bonus**



TRANSFER TODAY!

Call us at **215-792-6884** or stop by the office
8725 Frankford Avenue Philadelphia PA 19136.
www.topchoicehomecare.com

THE FOREMAN FORECAST: DC'S STINGRAY SWARM

OPINION

TOM FOREMAN

CNN's Tom Foreman is the author of the book "My Year of Running Dangerously."



The question from Oregon Democratic Sen. Ron Wyden seemed harmless. He asked the Homeland Security crew if they had noticed, by chance, any foreign operators using super-secret devices to spy on cell phones around the nation's capital. Then the answer came back — well, yeah, now that you mention it, we have! (Cue the dramatic music, and prepare for a binge of "Homeland.")

At issue are these things called Stingrays — briefcase-size electronic devices that imitate cellphone towers. By this, I mean they emit an electronic signal which tricks nearby phones into connecting with the Stingray. That gives the Stingray operator all sorts of information about the phone owner's location, whom he or she is communicating with, and even the content of texts and conversations.

Well, I am guessing a bit about that last part. The capabilities of Stingrays are closely guarded by the manufacturers and their customers, plus there are various types of similar devices with different specs. "Stingray"

has been sort of co-opted into a generic term. Like Kleenex — if, you know, tissues could track your phone calls. Anyway, people who want to spy on others just love these gadgets. The American Civil Liberties Union says 73 agencies — including local and federal law enforcement — in 25 states and D.C. have them. A few years back, a top Justice Department official said, "Cell-site simulators are a really critical tool ... in finding fugitives and finding kidnap victims and drug cases."

Of course, Stingrays also sweep up phone data on scads of nearby innocent folks, so the ACLU is concerned about illegal searches, privacy invasion and where Brad really was when he said he was bowling all evening.

So that tells you what Stingrays are, and what they do, but this is what we still don't know: Who is using them around D.C. and why? Is it a foreign government? Terrorists? A super-secret police operation? Brad's wife? Homeland Security is offering no additional clues and apparently has not even captured one of these devices — they just think from their surveillance of electronic signals that Stingrays have been at work.

So just when you thought it was safe to go back into the capital ... think again.

73

The ACLU says 73 law-enforcement agencies nationwide use Stingrays.

25

The ACLU says law enforcement agencies in 25 states and Washington, D.C., use Stingrays.



Spying devices called Stingrays mimic the signals from cell phone towers. GETTY IMAGES

The Law Office of Christopher L. GIDDINGS, P.C. Personal Injury Attorneys



- Personal Injury • Medical Malpractice
- Auto/Train/Bus/Pedestrian Accidents
- Slip & Fall • Elder Care Negligence
- Worker's Compensation • Wrongful Death



Our office is like a family and serving our clients is our mission!

Conveniently located in Center City, Philadelphia / Serving PA & NJ

Call 24/7 to Schedule a FREE Consultation

215-243-3450

www.ChrisGiddingsLaw.com

FEMALE MASS SHOOTERS

How common is it for mass shooters to be female?

The most recent multiple shooting occurred Tuesday on the campus of YouTube's headquarters located in San Bruno, California, but there was a major difference from other shootings that have recently occurred in the country: The incident involved a female shooter.

Nasim Aghdam, a 39-year-old San Diego resident, shot and

wounded four people at YouTube headquarters Tuesday. She was allegedly found dead from a self-inflicted gunshot wound.

According to data from a 2016 FBI study a total of nine of the 220 incidents the FBI considered as mass shootings involved female shooters. The study looked at data from active shooter incidents in the United States from 2000 to 2016. In 2017 there were 28 mass attacks

in the U.S. and there were no female perpetrators in any of the incidents, according to the U.S. Secret Service.

There has been extensive research about why mass shooters are rarely female. Some research and theories suggest that men are naturally more aggressive than women, a characteristic which may contribute to people becoming mass shooters.

Candice Batton, director of

the School of Criminology and Criminal Justice at the University of Nebraska, Omaha, told NPR in 2013 that "some research supports the idea that males are more likely than females to develop negative attributions of blame that are external in nature, that is: 'The cause ... of my problems is someone else or some force outside of me.' And this translates into anger and hostility toward others." **LENYON WHITAKER**



Trump Jr. took to Twitter early Wednesday morning to share his thoughts about how things would be different if the YouTube shooter was a member of the NRA. **GETTY IMAGES**

Donald Trump Jr defends NRA, bashes liberals after YouTube shooting

Trump's eldest soon took to Twitter to share his thoughts about media coverage of the YouTube shooting.



LENYON WHITAKER
lenyon.whitaker@metro.us

President Trump's son Donald Trump Jr. responded to the recent shooting at YouTube headquarters by defending the National Rifle Association (NRA) and bashing liberals.

Nasim Aghdam, 39, allegedly shot and wounded four people at YouTube headquarters in San Bruno, California, before killing herself.

The Iranian-born animal rights activist and YouTube content creator's social media accounts were removed shortly after the shooting incident.

Trump Jr. took to Twitter early Wednesday morning to share his thoughts about how things would be different if the YouTube shooter was a member of the NRA.

"You think there's any chance whatsoever that a mass shooters hateful Instagram and YouTube channels would be pulled immediately if they were NRA members as opposed to liberal Vegan PETA activists," he wrote in the tweet.

"Asking for a few million friends in the @NRA," he added.

While it isn't clear if Aghdam was a member of the People for the Ethical Treatment of Animals (PETA) organization, Aghdam's personal website suggests she was an animal rights activist. According to the Associated Press and The San Diego Union-Tribune, she participated in animal rights protests as early as 2009.

Before posting the tweet, Trump responded to a Twitter user who suggested that people will try to blame the YouTube shooting on "right-wing gun nuts." Trump replied, "They will find a way. Just wait."

Trump Jr. also made a sarcastic remark aimed at the media about how they plan to cover the YouTube shooting.

"I look forward to the whole PETA has more mass shooters than the NRA conversations. I'm sure they will cover that ... right?" Donald Trump Jr. wrote in a tweet.

Following the mass shooting that took place at a high school in Parkland, Florida, that left 17 people dead, there has been serious debate and protests surrounding the NRA and gun regulation.

Trump Jr. insinuates that major media outlets will cover the YouTube headquarters shooting differently because of her affiliation with PETA.



HEALTHY VEINS

Bring Your Life Back

SAY GOODBYE TO

- ▶ Varicose Veins
- ▶ Spider Veins
- ▶ Itching & Burning
- ▶ Leg Pain & Cramps
- ▶ Heaviness & Swelling
- ▶ Skin Discoloration
- ▶ Leg Ulcers
- ▶ Blood Clots
- ▶ Difficulty Standing

Call Today! **(215) 809-1335**

I have spent too long trying to limit time on my feet. I forgot how wonderful it is just to take a walk.

- ▶ Non-Surgical Outpatient Procedure
- ▶ Usually Takes Only 15 Minutes
- ▶ Covered By **Medicare, Most Insurance Plans, and Medicaid**

**FREE
SCREENING**



www.USAVeinClinics.com

8352 Bustleton Ave.
Philadelphia, PA 19152



Details emerge about the YouTube shooter

Nasim Najafi Aghdam, an Iranian-born woman, had blogged about veganism, railed online about dictatorship and accused YouTube of limiting viewers of her videos, before opening fire at its California corporate headquarters, wounding three people and killing herself.

San Bruno police on Wednesday were investigating why Aghdam, 39, of San Diego, opened fire with a handgun Tuesday at the company owned by Alphabet Inc.'s Google. A review of her postings online in Persian and English showed glimpses of resentment and anger at the video-sharing company.

“The YouTube HQ shooting is proof that this is NOT just schools.”

Jaclyn Corin, on Twitter

“BE AWARE! Dictatorships exist in all countries. But with different tactics. They care only for short-term profits,” she wrote on website NasimeSabz.com, which translates as “Green Breeze” from Persian.

“I am being discriminated. I am being filtered on YouTube. I am not the only one,” Aghdam said in an English language video on YouTube before her channel was deleted on Tuesday.

A man was critical condition and two women were seriously wounded in the attack at an outdoor patio at YouTube's headquarters, where about 2,000 people work. Police said Aghdam seemed to have chosen victims at random.

The shooting came in the midst of a particularly intense phase of the United States' long-running debate on gun rights, following the killing of 17 students and educators at a Florida high school in February. While mass shootings have become a regular occurrence in the United States, they

are rarely carried out by women.

Writing on her Instagram account, Aghdam said she was born in the Iranian city of Urmiah and that she was not planning to return to Iran.

“I think I am doing a great job,” she wrote. “I have never fallen in love and have never got married. I have no physical and psychological diseases. But I live on a planet that is full of injustice and diseases.”

Californian media reported that Aghdam's family had warned authorities that she could target YouTube prior to the shooting. The San Jose Mercury News quoted her father, Ismail Aghdam, as saying he told police that she might go to YouTube's headquarters because she “hated” the company.

Her family in Southern California recently reported her missing because she had not been answering her phone for two days, police said.

At one point Tuesday, Mountain View, California, police found her sleeping in her car and called her family to say everything was under control, hours before she walked onto the company grounds and opened fire.

A survivor of the February shooting at Marjory Stoneman Douglas High School in the Parkland, Florida, weighed in on the YouTube incident Wednesday.

“The YouTube HQ shooting is proof that this is NOT just schools,” Jaclyn Corin said on Twitter Wednesday. “Our country has a GUN problem. End of story.”

Gun-rights advocates have argued that more armed guards and citizens could prevent mass shootings.

YouTube has long faced complaints about alleged censorship on its site, and says it attempts to balance its mission of fostering free speech while still providing an appropriate and lawful environment for users.

In some cases involving videos with sensitive content, YouTube has allowed the videos to stay but cut off the ability for their publishers to share

in advertising revenue.

Criticisms from video makers that YouTube is too restrictive about which users can participate in revenue sharing swelled last year as the company imposed new restrictions. REUTERS



Media reported that Nasim Najafi Aghdam's family had warned authorities that she could target YouTube prior to the shooting. SAN BRUNO POLICE/HANDOUT



We're on the lookout for volunteers!

We are searching for people to ***make a difference*** by participating in a research study of an investigational medication

Please call for more information about participating in a research study if you have any of these medical conditions:

Acne	Depression	Liver Disease
Addiction	Diabetes	Migraines
ADHD Pediatric	Diabetic Neuropathy	Orthostatic Hypotension
Alzheimer's Disease	Eczema	Osteoarthritis
Bipolar Disorder	Healthy Adults	Psoriasis
Crohn's Disease	Kidney Disease	Schizophrenia
Chronic Pain		

- Insurance is not required to participate in our studies, and all study-related care and study medications are provided at no charge
- Compensation for time and travel expenses of between \$300 and \$5,600 may be available depending on the study
- Transportation may be available

For more information, call toll-free **866.230.4185** or visit **HRI Trials.com**



MOVIES

A political scandal that trumps today's. ALL PHOTOS BY
CLAIRE FOLGER / ENTERTAINMENT STUDIOSJason Clarke plays Ted Kennedy in
"Chappaquiddick."

'Chappaquiddick' star compares Ted Kennedy to Homer Simpson

Actor Jason Clarke and director John Curran discuss tackling the late senator's complicated legacy.

MATT JUUL
matthew.juul@metro.us

"Chappaquiddick" attempts to peel back the many layers of Ted Kennedy, offering an intimate look into the mind and soul of the late senator as he dealt with his infamous 1969 scandal.

The movie offers a far from flattering portrayal of the Boston-born politician, who often comes

across on screen as cold, hubristic and even bumbling. While there are moments where Kennedy, played by Jason Clarke, seems genuinely remorseful over his role in the death of Mary Jo Kopechne (Kate Mara), those are overshadowed by the many instances in the film where his naked ambition appear to trump his sense of morality.

Beyond his fears of hurting his career and family name, Kennedy's sheer ineptitude in making decisions is showcased, like in the scene where he tries (and fails) to curry people's sympathies by wearing a fake neck brace to Kopechne's

funeral. When you watch moments like this, it's easy to see how Clarke felt like a cartoon character at times.

"I joked early on that there's a bit of Homer Simpson in Ted," Clarke tells Metro. "There's a bit of Homer Simpson in all of us, really."

As director John Curran notes, though, the film isn't a "one-dimensional hit piece" on Kennedy, but rather a portrait of that takes a deep dive into his thought process as he dealt with the aftermath of Kopechne's death. The filmmaker praises the screenplay as a "fair and balanced look" at the tragedy.

"It felt like the opposite of the usual Kennedy story," Curran says. "Still a damning portrait, but I thought the way they handled it was a pretty exciting opportunity."

Considering Kennedy's later work as a champion of issues like civil rights, education and health, Curran felt conflicted working on this project. However, he admits that the stain of what happened in Chappaquiddick can never be erased.

"He had an incredible second act," Curran says. "That doesn't happen very often for politicians that come through something like this."

Thanks to the rise of Donald Trump, the world of politics has changed dramatically since the Chappaquiddick incident. While Curran believes that the media would be "a feeding frenzy" if this scandal happened to Kennedy today, it's hard to say whether it would've completely curtailed his presidential aspirations.

What it comes down to is the power of bases and its members being willing to amplify or overlook a candidate's faults depending on where they fall on the political spectrum.

"When [Trump] said that 'I can shoot someone on Fifth Ave.' for us,

it was shocking," Curran says. "I think his base would support him. What he's finally revealed is that it's like Boston Red Sox fans vs. Yankees fans — there's nothing that's going to make you become a Yankees fan if you live in Boston and vice versa."

Clarke believes that this partisan approach has framed how people look back on Kennedy's legacy and his actions in Chappaquiddick.

"History's still coming down on this and there's no way to look at it as if those choices were good," he says.

"Chappaquiddick" opens in theaters April 6.

BILL'S

DISCOUNT CARPET FLOORING AND REMODELING

Your Mobile Carpet Showroom
Locally Owned and Operated
Serving PA, NJ and DE for
Over 25 Years

CALL ANYTIME
1.856.264.1079

Lic. #NJ13VH08091600 #PA10882



Shop Us First, Shop Us Last, It Doesn't Matter

We Will Beat Anybody's Estimate

We Also Install & Refinish Hardwood Floors!

3 ROOMS
\$498*

Plush or Sculptured
Carpet | 8lb. pad,
installation.
40 Square Yards

3 ROOMS
\$598*

Super Plush
Carpet | 8lb. pad,
installation.
40 Square Yards

3 ROOMS
\$698*

Heavyweight
Plush Carpet | 8lb.
pad, installation.
40 Square Yards

ALL CONSTRUCTION WORK AND PAINTING!

Free Shop At Home!
FREE ESTIMATES!
Save up to 1/2 OFF
Retail Store Pricing.

100% Financing Available!
Any Job \$3995 and over and
you get a **FREE 36" LED TV**



Complete Bathrooms starting at \$1895
Complete Kitchens starting at \$3595

Sale on Wood, Laminate and Vinyl Flooring!
Next Day Installation Available!



3 ROOMS OF
CARPET \$398*

*Up to 40 Sq. Yds
10% Senior
Citizens Discount
PA10882



FREE SHOP AT HOME!

Joaquin Phoenix and Lynne Ramsay are a match made in movie heaven

'You Were Never Really Here' star and director dish.



GREGORY WAKEMAN
GregoryWakeman@metro.us

In a world where movie stars are media-trained to within an inch of their lives, so much so that they often withhold their own viewpoints and personalities from public consumption for fear of offending or being judged poorly, Joaquin Phoenix is the antidote.

The Academy Award nominee is roundly regarded as one of the finest actors of his generation, and he just wants his work to do the talking. Lynne Ramsay, the writer and director of "Morvern Callar" and "We Need to Talk About Kevin," is cut from the same cloth.

So it makes sense then that they decided to work together on "You Were Never Really Here," a disorienting but bewitching thriller that revels in making you feel the unexpected, in which Phoenix plays Joe, a combat veteran and former FBI agent who rescues trafficked girls.

Metro chatted with them ahead of the movie's release this weekend.



This movie's a dark one, folks. AMAZON

What drew you to the story?

LR: I guess I was brought up on the noir B-movies of the 1950s, and I wanted to make my own version. There was a spectrum of things [to the book the film is based on]. I loved the page-turning quality of it, too. But at the same time, the writer gave me the freedom to make it my own.

The plays in gray rather than being black or white, positive or negative, was that an appeal?

JP: It was the possibility of what it could be, and that isn't just negative or positive. We constantly asked, 'How can we wrap this up into several layers?' A scene is never just a scene. This isn't strictly just about this. It's an opportunity to

reveal something more. We never approached it going, 'This is dark. This is the negative view of things.' That was the joy of working on it — we were always trying to uncover something that wasn't obvious, something that is unexpected.

LR: It's always more exciting to me if it isn't just one tone or one mood. I love when I go to the cinema and feel totally immersed. Years ago I told the story of when I went to see "Blue Velvet" and still being in "Blue Velvet" when I left. To me when something is joined dot-to-dot it isn't that exciting to watch. I was hoping to create an experience that you can get embroiled in. People are pretty sophisticated — you don't need to see everything to know what is going on. Some-

times what you don't see is much more terrifying and mysterious than everything being presented on a plate. And I certainly wasn't trying to make a standard revenge thriller.

What was the creative dynamic like on set?

JP: We would talk about all the various possibilities for a moment — some of the stuff we'd say on set was f—ing ridiculous. But then other stuff we'd be like, "That's kind of interesting." We wouldn't know which one we were going to do. You think about possibilities. You

have to have options. But I don't think we ever made a decision to do it in a specific way. It just kept on unfolding.

Do you like this side of it, talking about the film?

LR: I just sent [Joaquin] a clip, and again it goes back to Lynch, and it says, "I guess you have to talk about the movie. But the movie is the talking." Yes, this is part of the process. The most fun part of it is people's interpretations of it. And then you are like, "That's cool."

I never thought of that." But to me the creative process is done when you stop editing.

"You Were Never Really Here" is released on April 6.



GETTY IMAGES

Winter's Over But...

THE SALES ARE NOT!

FRIDAY APRIL 6th • 12PM - 7PM
SATURDAY APRIL 7th • 10AM - 7PM
SUNDAY APRIL 8th • 11AM - 5PM

COURTYARD MARRIOTT Philadelphia City
4100 Presidential Blvd., Philadelphia, PA 19131
Formerly the Crowne Plaza City Ave - next to TGI Fridays

ALL FURS & LEATHERS 50-90% OFF

Bring Your Coats to the FUR DOCTORS
STORAGE, REPAIR, RESTYLE or TRADE-IN
We service all coats no matter where they were purchased!

SERVICES COUPON 10% OFF
Cannot be combined with any other offer or previous sale. Excludes prior remodels, storage, cleaning & sales. Valid APRIL 6, 7 & 8, 2018 Only.

Furs & Leathers for Men & Women
Sizes Petite to Plus Size

Pollack Furs FINANCING AVAILABLE!
1-800-635-4417 • 610-781-4099 • www.pollackfurs.com

SHOP FOR SOMETHING NEW OR REMODEL WHAT YOU ALREADY HAVE!

TUITION SAVINGS.

WORLD-CLASS PROGRAMS.

TRANSFER OPPORTUNITIES.

THAT'S WHY I GO.

Take the smart path to a bachelor's degree and today's most sought-after careers.

Apply at www.ccp.edu to start classes this summer or fall.

JOIN US FOR AN OPEN HOUSE
Main Campus | April 16 | 5 p.m.

Community College of Philadelphia
www.ccp.edu

The Path to Possibilities™

A photograph of a college baseball team celebrating on a podium. The players are wearing navy blue jerseys with white accents and white pants. They are surrounded by a large amount of blue and white confetti. A coach in a suit and tie is also on the podium. The background is filled with a crowd of spectators. The text "CONGRAT" is overlaid in large white letters at the top, and "VILLIA" is overlaid in large white letters below it. At the bottom, the text "2018 NATIONAL" is overlaid in large blue letters.

CONGRAT
VILLIA

2018 NATIONAL



ULATION NOVA

L CHAMPIONS

metro 

Much ado about matcha

What's with this coffee shop trend?



ALEXANDRA CAVALLO
letters@metro.us

If you've left the house at least once in the past few years, chances are you've noticed that people are into matcha. Like, really into it.

The Japanese tea was once reserved for those in the know, who would seek out the strong, bright green beverage in traditional Japanese and Chinese restaurants.

These days, however, it seems you can't walk a block without encountering shops dedicated to the stuff. From matcha lattes to matcha ice cream—and even matcha beauty products—the obsession with matcha tea doesn't seem to be going away any time soon. But why? What



The story behind the green stuff that's replacing your morning latte. **ISTOCK**

the heck is matcha anyway, and why are people so hyped on it? Here are five things you need to know about matcha so you don't sound like a total noob next time someone invites you out for quick matcha date.

1. Matcha tea is green, but it's not to be confused with green tea. Green tea, and other teas like it, is made by steeping the tea leaves in hot water—then those leaves are discarded. Matcha tea is made by grinding the

tea leaves into a very fine powder, which is then dissolved into the hot water. So you're actually drinking the leaves.

2. It contains more caffeine than other teas. Like, way more. Be-

cause of the aforementioned process, matcha is far more potent than other teas and the caffeine is more concentrated. A cup of matcha tea can contain three times more caffeine than a cup of, say, Earl Grey.

3. Matcha can make you smarter.

OK, not literally, but matcha does contain high levels of an amino acid called L-theanine, which is known to have positive effects on the mind.

4. Matcha can make you healthier.

This is absolutely accurate, as matcha also contains a whole passel of antioxidants,

some of which have been shown to have ultra-positive effects on the body, including helping to fight cancer and heart disease—and combat the aging process.

5. Not all matcha tea is created equal.

There are different varieties and grades of matcha tea, and some are higher quality than others. Ceremonial grade is the best matcha you can get, and is meant, as the name suggests, to be consumed in a traditional Japanese tea ceremony. (There are places in New York, and other cities, where you can participate in one.)



Oral Cancer Screening

Wednesday, April 11, 2018, 1 to 4 p.m.

Risk factors:

According to the American Cancer Society

- Tobacco use
- Frequent use of alcohol
- Diet low in fruits and vegetables
- Human papillomavirus (HPV) infection

Some common warning signs and symptoms:

- A sore in the mouth that does not heal
- A lump or thickening in the cheek
- A white or red patch on the gums, tongue, tonsil, or lining of the mouth that lasts more than 2 weeks
- Change in voice or hoarseness that lasts more than 2 weeks

Free screenings are available to adults 18 and older.

Limited Registration. Call **1-800-JEFF-NOW**.

Sidney Kimmel Cancer Center
Jefferson Health® | NCI – designated



Successful Aging Home health is calling all caregivers to Jump into us today.

We got you!

Transfer to Successful Aging Care Net Home Health Care today and enjoy:

1. Medical Benefits
2. Tuition Assistance for Nurse Aide training
3. Child Care Assistance at our Day Care
4. Eat and Party at our ultra-modern SA lounge for free

Ask about our sign on Bonus of up to \$500

Call Successful Aging Care Today To Find Out How.

215-224-0242
888-569-1763
www.agingcarenet.com

M.L. BATH & COMPANY



DOES YOUR CEILING UNDER YOUR BATHROOM LOOK LIKE THIS?



IS IT DUE TO A BATHROOM LEAK?

DON'T WAIT ANOTHER MINUTE TO UPDATE YOUR BATHROOM WHEN RELIABLE PROFESSIONALS WITH 30 YEARS EXPERIENCE ARE READY TO WORK. WE OFFER 100% FINANCING PROGRAMS WITH LOW MONTHLY PAYMENTS!

STOP WAITING AND CALL US TODAY AT 215-396-3300

ASK ABOUT OUR VETERANS & SENIOR CITIZEN DISCOUNTS!

Kids and coffee: The true price of caffeine

The go-to staple of most teens could have long-lasting effects.



LUCY E. COUSINS
letters@metro.us

If you've ever been to Starbucks on a school day, you'll have had to push past groups of anxious teenagers standing between you and your brew.

And while it wasn't that long ago that American kids would rather down a strawberry milkshake than a Grande Flat White (with a whopping 220 calories and 17 grams of sugar), now a morning, midday

and afternoon coffee is almost guaranteed.

However, it's not just coffee that's the culprit. Caffeine can be found in energy drinks, tea, chocolate and some soft drinks. So it's not surprising that a recent U.S. study reported that 73% of children consumed caffeine at some point – mainly from cola beverages and chocolate.

"When it comes to teens and younger children, consuming concentrated amounts of caffeine is likely to result in poor sleep, restlessness and an inability to concentrate," explains dietician Susie Burrell. "And some experience a 'down,' a low-energy



How young is too young for a mug of joe? ISTOCK

point, about 40 minutes after consuming an energy drink. One that could affect mood and performance."

In younger children, any level of caffeine has been proven to affect mood swings, increase blood pressure, slow heart rates, encourage behavioral problems and sleep disruptions (including bed wetting).

And it's not just these side effects that are making parents sit up and take action. The deadly affects of caffeine were sadly highlighted last year when a 16-year-old teen, from South Carolina, died of heart failure after he drank a latte, a soft drink and an energy drink.

So how much caffeine

is safe for children and teenagers to consume on a day-to-day basis?

For adolescents, the American Academy of Pediatrics recommends a daily maximum of 100 mg, which is roughly equal to what's contained in a can of cola (34 mg) and a chocolate bar (20-60mg), and when it comes to children, they

suggest a zero caffeine-intake in kids under 12.

Not surprisingly, it's recommended that parents watch the caffeine intake of their children and teenagers, taking special notice of highly caffeinated coffees and expensive energy drinks, which dietician Susie Burrell believes should be avoided all together by adults and children.

DOORS UNLIMITED®
AS SEEN ON TV

SPRING SAVINGS!
20-25% OFF
EXPIRES 3/31/18

ADDITIONAL DISCOUNTS FOR IN-STORE SALES ONLY!

- STEEL ENTRY DOORS
- SECURITY STORM DOORS
- SOLID CORE STORM DOORS
- ALUMINUM STORM DOORS
- GARAGE DOORS
- VINYL WINDOWS
- AWNINGS & GLASS BLOCK

Free in Home Estimate

Compare Armor Seal Steel Entry Doors vs. Home Centers	Our Doors	Home Center
7 TIMES STRONGER?	YES	NO
FINISHED PAINTED?	YES	NO
FREE MEASURING?	YES	NO
LIFETIME LIMITED WARRANTY?	YES	NO
CUSTOM-SIZED?	YES	NO
EXPERT INSTALLATION?	YES	NO
MADE IN THE U.S.A.	YES	NO

MEMBER EASTERN PENNSYLVANIA BUREAU
A+ RATING
PA 007676

46 Years Experience

FACTORY DIRECT SHOWROOM

215-455-2100

318 W. Hunting, Park Avenue
(3rd & Hunting Park), Philadelphia, PA 19140

WHY COMPROMISE?

the Original

PHILADELPHIA EDDIE'S

621

TATTOO

SINCE 1952.

★ CLASSIC CUSTOM ★

621 S. 4TH St. Philadelphia, PA 19147

PHILADELPHIAEDDIESTATTOO.COM

World Famous

HEALTHY VOLUNTEERS NEEDED

Persons depicted are models being used for illustration purposes only

ELIGIBLE VOLUNTEERS MAY EARN FROM \$500 TO \$8,000 FOR TIME AND TRAVEL

Join our database and contribute to Medical Research with Biotrial!

Healthy volunteers provide researchers with important information for comparison with people who have specific illnesses. People with no known significant health problems are often given the same tests, procedures, or study drugs as patient volunteers so that researchers can compare results and make new discoveries.

Are you at least 18 years old?

NEED MORE INFO?
Call recruitment at
844-246-8459

NO TIME TO TALK?
Email: recruitment@biotrial.com
or register online at biotrial.us

- Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.
- Our Clinical Unit is only 6 minutes from Newark Penn Station and approximately 30 minutes from NY Penn station.

**EAT!
DRINK!
DO!**
Sponsored by

subaru
cherry blossom
festival of Greater Philadelphia

Meet the hunks of Flannel Animal 2018

For the love of beer, they're ready to rock the catwalk. JENNIFER LOGUE

Get ready to see your favorite food and beverage professionals as never before: Baring their brawn at the second annual Flannel Animal fashion show, presented by Philly Loves Beer.

Twelve beer-hoisting hunks will be donning flannel at Johnny Brenda's on Sunday, April 8, to help raise money for the 11th annual Philly Beer Week.

They will be judged in three categories ("sports and leisure," "Sun-

day best" and "slumber party") by celebrity judges Danya Henninger of Billy Penn, Marisa Magnatta of WMMR and sexologist Dr. Timaree.

Before the men of Flannel Animal get ready to strut their stuff, however, a few of the dozen hunks got up close and personal with Metro, telling us about everything from their love for Nicholas Sparks novels to lamenting beer-wine hybrids no longer in production.



**Liam
Costello
Houck**

Company: Founders Brewing Co.
Age: 26
Title: Eastern PA sales rep
Hood: Newbold
Hobbies: Sand/spin art and dancing like no one's watching
Favorite beer of the moment? Solid Gold by Founders Brewing Co.
Favorite place to drink beer? In good company
Ultimate beer-album pairing? "Whoa, Nelly!" with PC Pils

ALL PHOTOS PROVIDED

Company: Austin Eastciders
Age: 36
Title: Field marketing representative
Hood: Point Breeze
Hobbies: Being old, karaoke, whiskey (yes, it's a hobby), catching movies and eating all the food
Favorite beer of the moment? You mean not named the Hopped Austin Eastciders? Allagash Black
Favorite place to drink beer? Probably Tria.
Ultimate beer-album pairing? "College Dropout" by Kanye West with Victory's White Monkey



**Mike
Major**



**Nick
Bellenzeni,
aka
Donnie
Ripsack**

Company: The Pistolas Group
Age: 30
Title: Importer of Awesome
Hood: The Hood Between Point Breeze and Girard Estates — West Passyunk
Hobbies: Comics, food/cooking and reading Nicholas Sparks novels
Beer of the moment? Three Floyds Zombie Dust
Favorite place to drink beer? Any seat at the bar when my shift is done
Ultimate beer-album pairing? "Guardians of the Galaxy Awesome Mix (Vol. 1 & 2)" with Half Acre Daisy Cutter

2018 subaru
cherry blossom
festival of Greater Philadelphia

Sakura Sunday, April 15

subarucherryblossom.org
@phillysakura #phillysakura

Fairmount Park Horticulture Center

a project of the Japan America Society of Greater Philadelphia

HUNDREDS OF WINES * GOURMET CHEESES * HORS D' OEUUVRES * LIVE MUSIC * SILENT AUCTION

THE Philly SHOWCASE OF WINE & CHEESE & beer

FRIDAY, APRIL 20, 2018 * 6:00 – 10:00 PM
PENNSYLVANIA CONVENTION CENTER

From Club Kid to Club Champion
Rob Ross

TICKETS & EVENT INFORMATION
VIP Early Entrance 5pm Ticket \$100

\$60 ADVANCE * \$65 DOOR
BGCPhila.ORG * 215.735.8818
MUST BE 21 OR OVER TO ATTEND
Includes Wine Glass and All Samples

Showcase Proceeds
Benefiting



BOYS & GIRLS CLUBS
OF PHILADELPHIA

Stay Connected

@BGCPhila #PHLShowcase





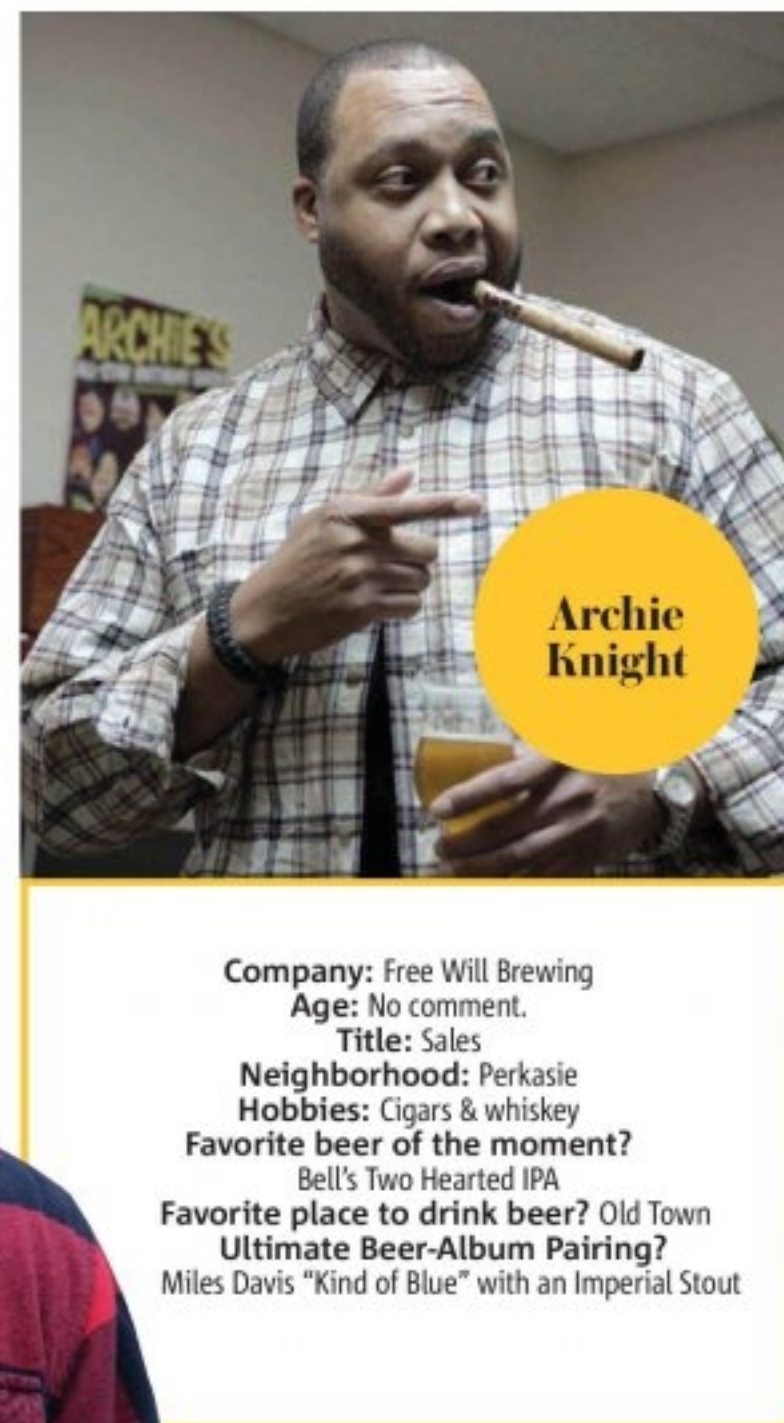
Ryan Vaughan

Company: Left Hand Brewing Company
Age: 28
Title: Beer Hero of PA/NJ/DE
Hood: Point Breeze
Hobbies: Noodle soups and rooftop drinking
Favorite beer of the moment? Left Hand Polestar Pilsner
Favorite place to drink beer? The beach
Ultimate Beer-Album Pairing? Arcade Fire's "Neon Bible" with Cantillon Classic Gueuze

Company: Weyerbacher Brewing Co.
Age: 36
Title: Lead Brewer
Hood: North Bethlehem
Hobbies: Making beer, disc golf and processing animal skulls
Beer of the moment? Weyerbacher Infinite Eclipse
Favorite place to drink beer? On a tube, floating down a river
Ultimate Beer-Album Pairing? "Celestite" by Wolves in the Throne Room with Holy Mountain Seer Saison



Matt Snyder



Archie Knight

Company: Free Will Brewing
Age: No comment.
Title: Sales
Neighborhood: Perkasi
Hobbies: Cigars & whiskey
Favorite beer of the moment? Bell's Two Hearted IPA
Favorite place to drink beer? Old Town
Ultimate Beer-Album Pairing? Miles Davis "Kind of Blue" with an Imperial Stout



MAXWELL

10th annual

GLADYS KNIGHT

SPECIAL GUEST
VIVIAN GREEN

**MOTHER'S DAY
MUSIC FESTIVAL**

SATURDAY, MAY 12, 2018 / SHOWTIME 7PM
 BOARDWALK HALL IN ATLANTIC CITY, NEW JERSEY
 BOARDWALK HALL BOX OFFICE AND TICKETMASTER.COM 800 736 1420

LOG ONTO PPSHOWS.COM FOR MORE INFORMATION

DISCOUNTED HOTEL ROOMS

BALLY'S CENTER OF THE ACTION ATLANTIC CITY	FRI \$129 SAT \$199 SUN \$69
--	------------------------------------

CALL 888-516-2215
 GROUP CODE: SB05PM8



metro Sweepstakes
 Enter today, win tomorrow!

Enter for a chance to win a trip for 4 to
Boca Raton, Florida!
 A \$2,964 VALUE

Sign up at metro.us/winstuff
 for a chance to win:

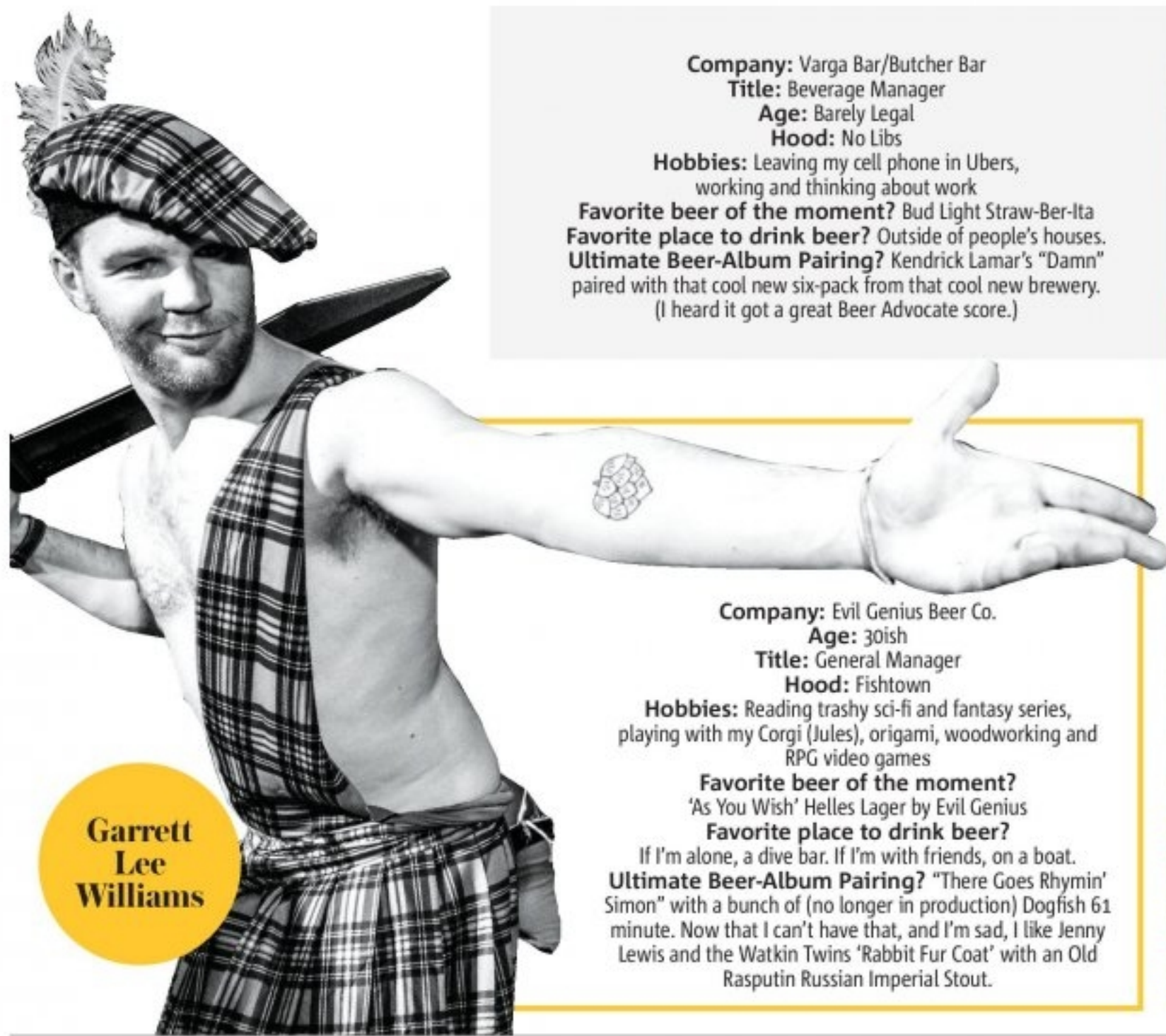
- Five (5) nights' accommodations at Waterstone Resort and Marina
- Admission for four (4) to the Museum of Discovery and Science
- Round-trip coach class air transportation for four (4) to Fort Lauderdale, Florida
- A six-day full-size car rental.

VISITFLORIDA

MUSEUM OF DISCOVERY AND SCIENCE

WATERSTONE RESORT & MARINA

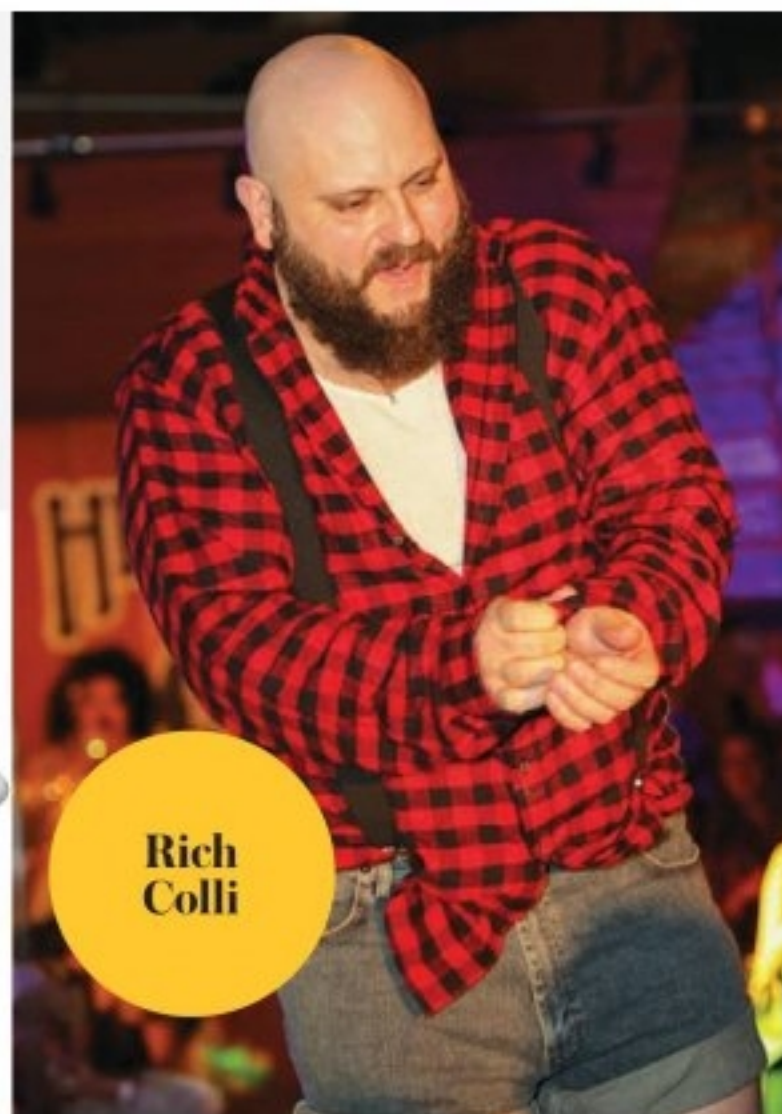
Enter today, win tomorrow!
metro.us/winstuff



Garrett Lee Williams

Company: Varga Bar/Butcher Bar
Title: Beverage Manager
Age: Barely Legal
Hood: No Libs
Hobbies: Leaving my cell phone in Ubers, working and thinking about work
Favorite beer of the moment? Bud Light Straw-Ber-Ita
Favorite place to drink beer? Outside of people's houses.
Ultimate Beer-Album Pairing? Kendrick Lamar's "Damn" paired with that cool new six-pack from that cool new brewery. (I heard it got a great Beer Advocate score.)

Company: Evil Genius Beer Co.
Age: 30ish
Title: General Manager
Hood: Fishtown
Hobbies: Reading trashy sci-fi and fantasy series, playing with my Corgi (Jules), origami, woodworking and RPG video games
Favorite beer of the moment? 'As You Wish' Helles Lager by Evil Genius
Favorite place to drink beer? If I'm alone, a dive bar. If I'm with friends, on a boat.
Ultimate Beer-Album Pairing? "There Goes Rhymin' Simon" with a bunch of (no longer in production) Dogfish 61 minute. Now that I can't have that, and I'm sad, I like Jenny Lewis and the Watkin Twins 'Rabbit Fur Coat' with an Old Rasputin Russian Imperial Stout.



Rich Colli

Tickets for Flannel Animal are \$30 for VIP and \$10 for general admission. Doors open at 6 p.m. and the show kicks off at 7 p.m. at Johnny Brenda's (1201 Frankford Ave.). For more information, visit: phillylovesbeer.org.

THE FREE LIBRARY OF PHILADELPHIA PRESENTS

SUNDAYS on STAGE

A series of **free performances** for children, families, and adults

Taikoza Japanese Drummers

APRIL 8

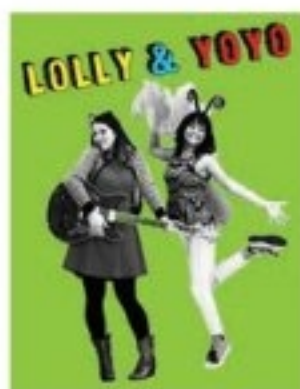
Hear the sounds of huge taiko drums, originally used in Japan to drive away evil spirits and the plague



MOVE! with Lolly and Yoyo

APRIL 22

A singing, dancing good time



FREE ADMISSION Shows begin at 2:00 p.m.

This series is made possible by funding from the Philadelphia City Institute Board of Managers.

free
LIBRARY OF
PHILADELPHIA

Parkway Central Library
1901 Vine Street
215-686-5372

freelibrary.org/sundaysonstage

Sancho: An Act of Remembrance

APR 13-14



Chucho Valdés Trio

APR 13

Media Sponsor: **wrti**

Jazz Epistles

Abdullah Ibrahim & Ekaya, and Keyon Harrold

APR 29

Media Sponsor: **wrti**



ANNENBERG CENTER LIVE
UNIVERSITY OF PENNSYLVANIA

GET TICKETS TODAY!

AnnenbergCenter.org // 215.898.3900   
3680 Walnut Street

YOUR WEEKEND STARTS NOW

MUSIC



The Isley Brothers

The Grammy Award-winning Cincinnati trio, dating back to the late 1950s, produced a slew of Hot 100 hits, like "Twist and Shout," "This Old Heart of Mine" and "It's Your Thing." They're also Rock and Roll Hall of Fame inductees. Here, Ronal and Ernie Isley perform the hits, plus numbers from the 2017 album "Power of Peace."

April 6, 7 p.m.
Parx Casino Xcite Center
2999 Street Road, Bensalem, Parxcasino.com/
xcitecenter \$35

FITNESS

Race the Bus

One-hundred participating runners take on a SEPTA Route 45 bus for a 3-mile race, meant to bring together like-minded green thumbs ahead of the Run for Clean Air on Earth Day. Be a bystander to the odd visual of seeing runners race a bus, then head over to MilkBoy in Center City for a post-run happy hour. April 5, 5:30 p.m. Broad Street and Oregon Avenue cleanair.org, Free

Strength in Numbers

This LGBTQ-tailored fitness class is an introductory session aiming to create a safe space for members of the community interested in fitness. The session begins the start of a free drop-in series for the first Sunday of every month. April 8, 12:30 p.m. Subversus Fitness 1229 Chestnut St. Free

THEATER

Play Brawl

A new twist on Philadelphia

Theatre Company's annual fundraiser, business leaders — Comcast's David Cohen, Drexel President John Fry, etc. — pair up with acting professionals to act out iconic scenes, with a voting round — executed through a mobile app — taking place where audiences cast their ballot with donations.

Think: "So You Think You Can Dance." Of course, there will also be cocktails, and CBS3's Jessica Dean lifts the entertainment value as host. April 6, 6 p.m. Suzanne Roberts Theatre 480 S. Broad St. PhiladelphiaTheatreCompany.org \$150

MUSIC

Caroline Rose

Vermont singer-songwriter Caroline Rose takes the stage with a pop sound reminiscent of St. Vincent. Rose released her debut album, *Loner*, in February. April 5, 9:15 p.m.

Johnny Brenda's
1201 Frankford Ave.
johnnybrendas.com \$12

Brit Floyd

This larger-than-life, critically acclaimed Pink Floyd tribute show enlivens The Avenue of the Arts as part of its world tour. The band plays beloved albums like *The Dark Side of the Moon* and *Wish You Were Here*. April 6, 8 p.m. The Academy of Music 240 S. Broad St. britfloyd.com \$39.50

FOOD & DRINK

Collingswood Restaurant Week

Adopting a bacon theme for this year's Restaurant Week, encouraging local businesses to create bacon-centric dishes at a special price, the crop of participating restaurants includes The Tortilla Press, L'Oceano Ristorante and The Pop Shop among other Haddon Avenue gems. See the website for specific menus as they're updated. April 8 through April 13 Various locations Collingswood.com, Pay as you go

FOOD & DRINK



Tappin' the Trucks, Brews 'n' Bites Block Party

One of the first block parties of the warm-weather season, Taproom on 19th shuts down its block for a gathering of trucks like Oink and Moo BBQ, Revolution Taco, The Cow and the Curd and Foolish Waffles, with six local brewers—Sly Fox, River Horse and more—also in attendance for the shindig. There will also be a bouncy house. Cash only. April 7, 1 p.m., Taproom on 19th, 2400 S. 19th St., Pay as you go

The Original Arcade Bar

BARCADE®
FISHTOWN, PHILADELPHIA

DON'T MISS
\$1 Taco Mondays!!

\$10 LUNCH SPECIAL! TUES-SUN NOON-5PM
ANY \$6 BEER, 2 TACOS AND SIDE OF NACHOS

1114 FRANKFORD AVE, PHILADELPHIA, PA

NEW YORK | JERSEY CITY | PHILADELPHIA | NEW HAVEN | NEWARK

DOWNLOAD OUR FREE APP!

BARCADE.COM

Re-Elect BEST BUY ROOFING
PUSH# 215-288-1100
#1 ROOFER IN PHILADELPHIA
215-288-1100
Email: BestBuyRoofing4u@yahoo.com
www.bestbuyroofing.net

\$200 off Any New Roof \$50 off any Repair

Protect Yourself
GUARANTEED ONE FLAT RATE ON ANY NEW RE-ROOF!
Secure your Future

AFFORDABLE ROOFING
FREE Estimates
Licensed & Insured
No Catch 22 Contracts. One Price Start To Finish!
All Types of Roofing
24 Hour Emergency Service **215-634-8800**
PA License 0966666
Financing Available • Insurance Claims • www.StopLeaksFast.com

GRADUATIONS, PROMS, WEDDINGS!!
Te-Mel Productions

Packages Starting from **\$450**

Up to 12 Lights and Digital Photo Booth Available

LIVE ENTERTAINMENT
CALL FOR DETAILS
Call **267-693-0996**

CASH FOR RECORDS
Get Paid for your Vinyl
WE COME TO YOU!
CashForVinylPhilly@gmail.com
609-442-1036

THE LAW FIRM THAT PUTS THE CLIENTS FIRST

REPRESENTATION OF BUSINESS

- Local, National & International
- Transactions Work as General Counsel
- Litigation • New Ventures • Nonprofits

Call **J. Michael Considine, Jr.**
215-564-4000
1845 Walnut Street, Suite 1199, Phila, PA 19103
Integrity • Professionalism • Life Long Relationships

GAS HEAT • AIR CONDITIONING

\$1089
Completely Installed
GM S8040 REPLACEMENT

ONE DAY INSTALLATION
100% FINANCING
CREDIT CARDS ACCEPTED

\$990
DELIVERED
VSX13015

SPRING SALE

The Goane Boys 610-353-5400

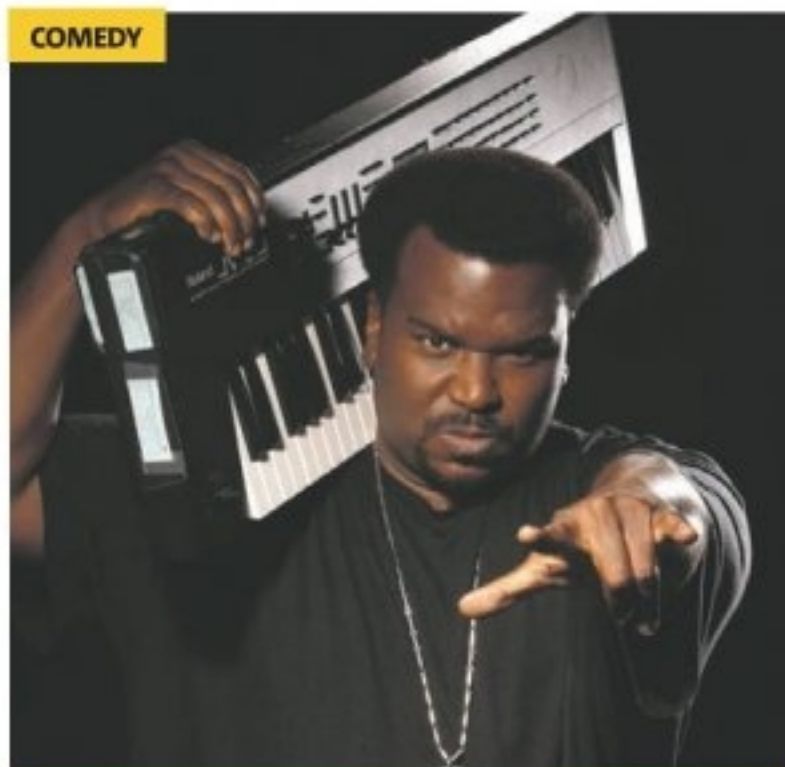
TRI-STATE DENTAL
\$425 each (Full upper or lower)
\$199 1 tooth partials starting
\$75 denture repairs

CALL TODAY!
215-381-2122
2418 W. 2nd St. Chester, PA 19013
Mon. - Sat. 9 AM to 5 PM
WE MAKE HOUSE CALLS!

PARTIAL \$199 STARTING

REPAIRS and RELINES
While you wait

COMEDY



Craig Robinson and the Nasty Delicious

Multitalented Craig Robinson, a triple-threat actor, comedian and musician, is best known for his stint on "The Office" and role as Leroy, presently, in Fox's sitcom "Ghosted." Here, Robinson plays piano — fusing comedy and music—during a set with his band The Nasty Delicious. April 7, 7 p.m. Parx Casino Xcite Center, 2999 Street Road, Bensalem Parxcasino.com/xcitecenter \$35

LGBT

Studio 54: GayBINGO!

The latest iteration of "Gay-BINGO," during which drag queens host a game of bingo while also performing and

interacting with players, adopts the fabulous and exclusive feels of Studio 54. As always, come for the festivities and prizes, but stick around for the laughs and—in this evening's case especially—fashion. April 7, 7 p.m. The Gershman Y

401 S. Broad St.
aidsfundphilly.org \$20

MUSEUMS

Morris Arboretum Cherry Blossom Festival

Ahead of the Washington, D.C. and Philadelphia cherry blossom festivals, take in the sights of Morris Arboretum's own collection of cherry trees — each of which have different bloom times, meaning guests are sure to find trees in bloom no matter how early or late in the cycle it is. Take a guided tour of the grounds, observe a Japanese tea demonstration and enjoy Taiko drumming as celebratory festivities. April 7, 10 a.m. Morris Arboretum 100 E. Northwestern Ave. morrisarboretum.org \$19

Science at the Ballpark

A Phillies special event timed with the Philadelphia Science Festival, scientists will be on hand before the first three innings o interact with game-goers for crafting, gaming, demonstrations and more. Use the code "SCIENCE" for an \$8 discount at the online checkout. April 8, 12 p.m. Citizens Bank Park 1 Citizens Bank Way

FITNESS



Sweat @ The Deck

Wake up with a "Daybreaker" yoga session from the top of One Liberty, then up the ante with a two-hour early-morning dance party in the clouds. It's all in the name of April 7 as World Health Day. April 7, 6 a.m., One Liberty Observation Deck, 1650 Market St., phillyfromthetop.com \$25

phillies.com/themenights
Various prices

COMEDY

Liza Treyger

Adopting the persona of party-girl-as-parody, Treyger — another staple of Comedy Central — offers

sharp commentary on social norms and culture. Her act also boasts feminist undertones. April 6, 8 p.m. Punch Line Philly 33 E. Laurel St. punchlinephilly.com \$22.50

Kyle Kinane

The voice of Comedy Central since

2011 takes the stage for standup. His shtick of "scumbag stories" is on full display here. The Illinois native previously opened for Patton Oswalt and Daniel Tosh. Through April 7 Helium Comedy Club 2031 Sansom St. Philadelphia.heliumcomedy.com \$20 BRANDON BAKER

1601 Walnut St., Suite 822, Phila., PA 19102 215-557-7979
Jay Liu DENTISTRY Technology for Today's Dental Needs
212 W Rte 38, Suite 500, Moorestown, NJ 08057 856-206-9559



Invisalign as low as \$199 per month



SAME DAY SERVICES AVAILABLE:

Root Canal Treatment • Porcelain Crowns • Extractions and Implant Placements • Zoom Whitening

We Accept Most PPO Insurance Plans

www.philadelphiadentalcosmetics.com

Notice

456 N. Christopher Columbus Blvd. Philadelphia, PA 19123
215-922-3715

NOTICE OF PUBLIC SALE: The following self-storage Cube contents containing household and other goods will be sold for cash by CubeSmart 456 N. Christopher Columbus Blvd. Philadelphia, PA 19123, to satisfy a lien, on April 19, 2018 at approx. 11AM at www.storage-treasures.com.

B187 Georgia Gerike, F557 Rashonda Holmes, A058 Joe Candidi, F569 Jennifer Anderson,

cubeSmart

CASH PAID FOR YOUR OLD VINYL RECORDS

ANY SIZE COLLECTION



WE COME TO YOU



CALL 215-874-7124
USEDRECORDSUPPLY.COM

RESPECTABLE ROOFING

Where Respect Matters!

Specializing in energy efficient white roofs.

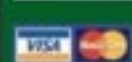
50 Year shingle roofs available. • Fully licensed and insured
FREE ESTIMATES - FINANCING AVAILABLE

PHILLY SPECIAL

\$1800.00 For a Brand New Rubber Roof, New Drain Box, New Edge Metal



Roof Not Exceed 800 sq ft, Sky Lights not included some Limitations May Apply.



215-681-0409

HIC# PA098215



metro Sweepstakes
Sign up today, and you could win tomorrow!



Enter for your chance to win
2 tickets to the Philly Showcase of Wine, Cheese & Beer!
A \$120 value!

Two winners will receive 2 tickets to the Showcase on 4/20 at 6pm Offer ends 4/15/18

Sign up at metro.us/winstuff

SPORTS

Can Sixers win a playoff series without Embiid?

Phillies, finally back on the field, flop in New York

The Phillies blew a lead, a small one, and wasted a great showing from their rested bullpen in a 4-2 loss to the Mets at Citi Field Wednesday.

Aaron Nola went five innings (just 87 pitches) and allowed two runs before Drew Hutchinson entered in the sixth and allowed two more runs on an Amed Rosario triple and that's all the offense New York would need.

Philly drops to 1-4 despite two hits from Rhys Hoskins and RBI from Andrew Knapp and Nick Williams.

With a lowly record, new manager Gabe Kapler will no doubt feel some heat from Phils fans as the team licks its wounds and returns home for the first time this season.

The home opener against the Marlins will start at 3:05 p.m. with Nick Pivetta on the mound for the Phillies, opposing Caleb Smith for Miami.



And who will the Sixers likely play in the postseason?



EVAN MACY
evan.macy@metro.us

After Tuesday night's tilt against the Nets, the Sixers have five games left to play. They have more or less locked themselves into the three, four or five seed in the NBA playoffs.

With Joel Embiid sidelined as he recovered from eye socket surgery and a concussion, Philly fans are left to watch their more than capable team tread water (they won 11 in a row heading into Wednesday's tilt in Detroit) as they wait for the All-Star center to return to the floor.

He will — its just a matter of when. If he can return by April 14, just over two weeks from when Embiid went down with the injury against the Knicks, he will be able to play in the Sixers' first playoff series since 2012. If he needs the longer end of the estimated recovery time, four weeks, he could miss an entire series. Can Philly advance in the Eastern Conference in a worst case scenario?

All signs would point to yes, regardless of Philly's opponent. The 76ers put together their longest winning streak in more than 20 years and Wednesday held the longest active streak in the NBA. They are peaking at the right time.

Likely Rookie



Joel Embiid will be sidelined until at least the start of the playoffs, two weeks from now. ALL PHOTOS GETTY IMAGES

of the Year Ben Simmons has played like a wryly veteran, firing passes few 10-year NBA regulars can make and boasting 11 triple doubles on the season, more than many NBA franchises. Simmons' supporting case, when healthy (Dario Saric sat out the Nets game) gives Philly exactly what it needs to defend and score.

"Being out there I'm getting more comfortable," Simmons said. "I'm starting to learn my teammates even better and they're starting to learn me, so every game is just helping me out and helping my teammates."

A first round match up against the Wizards (if the Sixers catch Cleveland for the three-seed)

What's left?

vs Cleveland
Friday, 7 p.m.

vs Dallas
Sunday, 1 p.m.

at Atlanta
Tuesday, 7:30 p.m.

vs Milwaukee
Wednesday, 8 p.m.
(on ESPN)

or Pacers (as the four or five seed) would present a challenge, as the squad has gone 3-4 in seven combined games against their two potential playoff opponents. Home court advantage will be very important for the

Sixers, a team which has gone 27-13 from the Wells Fargo Center.

"I think the stat was like 76 percent of home court teams, move on to the next round," Simmons said. "It'll be huge if we get that, we have the best fan base in the NBA."

Interestingly, it was against the Pacers in Indiana that Philadelphia last lost back on March 13. Indiana has quietly become a contender by protecting the ball and playing one of the top 10 defenses in the NBA. Philly also relatively recently fell to the Wizards, a 109-94 dismantling in D.C. The Wizards will be stronger come postseason time with a healthy John Wall leading the way. Both

teams offer a challenge for the Sixers — but the Sixers should be favored against both teams.

Simmons has shown he can lead as the Sixers have taken care of business since Embiid's recent injury. But on the season, Philly is almost 15 points per 100 possessions worse without Embiid on the floor. Embiid makes the Sixers an Eastern Conference Finals contender. Just having Simmons gives them just enough to slither their way into the second round.

Whether this is something Sixers fans will need to worry about will come into focus soon enough, as news on Embiid's status should be updated at the end of the week.

warehousefurniturebedding.com

Bunk Beds
\$199
Complete



Queen Set
\$99



Sofa & Love Seat
\$499



EASY FINANCING AVAILABLE!

6334 Woodland Ave. Phila., PA 19142 • 215.724.9994

April is **FREE WINDOWS MONTH** at Renewal by Andersen.¹



Why is April one of the best times to replace your windows?

Because if you call us now, you can get your more energy-efficient windows installed and enjoy a **more comfortable home right away.**

Our exclusive High-Performance™ Low E-4® SmartSun™ glass is **up to 70% more energy efficient†.** It's engineered to make your home **more comfortable in the colder and warmer months.**

Call before April 30th!



Our Fibrex® material is
2X STRONGER
THAN VINYL

Why have our customers chosen us over another window company?

1. Fibrex® Material

Our Fibrex material was **researched by Andersen** for 30 years before it was installed in even one home. **Our Fibrex material is twice as strong as vinyl.**

2. Unique Look

Our window has the **elegant look and strength of a wood window**, but our Fibrex material doesn't demand the same maintenance of wood.*

3. Accountability

There's no frustrating "middle man" to deal with. **We manage the entire process—from building to installation to the warranty—on windows and patio doors.**

**Renewal
by Andersen.**



WINDOW REPLACEMENT an Andersen Company

Call for your FREE Window and Patio Door Diagnosis

215-607-8181

**It's like getting
FREE WINDOWS
for 1 year¹**

NO MONEY DOWN
NO PAYMENTS
NO INTEREST
FOR 1 YEAR¹

and

**BUY 1 WINDOW
OR PATIO DOOR,
GET 1 WINDOW
OR PATIO DOOR
40% OFF¹**

¹Renewal by Andersen of Greater Philadelphia is an independently owned and operated affiliate operating in the Delaware Valley (PA, NJ, DE). Offer not available in all areas. Discount applied by retailer representative at time of contract execution and **applies to purchase of 4 or more windows and/or patio doors.** Buy two windows and/or patio doors, get the second two windows and/or patio doors, of equal or lesser value, 40% off. Discount applied to lowest priced window and/or door products in purchase. Cannot be combined with other offers. To qualify for discount offer, initial contact for a free Window and Patio Door Diagnosis must be made and documented on or before 4/30/18, with the appointment then occurring no more than 10 days after the initial contact. No payments and deferred interest for 12 months available to well qualified buyers on approved credit only. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only, and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. PA Lic. # 001884. NJ Lic. # 13VH05055400. J&M Windows, Inc, d/b/a Renewal by Andersen of Greater Philadelphia. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2018 Andersen Corporation. All rights reserved. ©2018 Lead Surge LLC. All rights reserved. †Values are based on comparison of Renewal by Andersen® double-hung window U-Factor to the U-Factor for clear dual pane glass non-metal frame default values from the 2006, 2009, 2012, 2015 and 2018 International Energy Conservation Code "Glazed Fenestration" Default Tables. *See limited warranty for details.

NFL power rankings | by Luke Miller

TOP PRICES PAID
FOR YOUR RECORDS (33S, 45S), CDS
NO COLLECTION TOO SMALL OR LARGE
WE BUY EVERYTHING
CALL JON AT
215-805-8001
OR E-MAIL BWSMUSIC@HOTMAIL.COM



NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that Extra Space Storage will sell, to satisfy lien of the owner, at public sale by competitive bidding on April 18 at 10:30 AM at the facility located at: Extra Space Storage 4433 Wayne Ave, Philadelphia PA 19144. 267-453-3400. The personal goods stored therein by the following may include, but not limited to general household furniture, boxes, clothes and appliances.

1A130 Gwendolyn M Martin household goods; 1A19 Faruq Ahmad Boxes and winter clothes; 1A47 Elizabeth Mcnair Party Favors, boxes and bins; 1A76 Michael Canley Gym equipment, tools, containers; 2A02 Tadeya Leatherbury couches, beds, and clothes, washer and dryer, and refrigerator, dresser, tvs, aquarium; 2A105 Brianna Shaw Futon Bookshelves; 2A169 Jerome C Brown household goods; 2A90 Teazil Crim household goods; 2B46 Zoe Monica Speight household items and clothing; 2B52 Aaron McLeod household goods; 2C71 Farrah Samuels dinette set, entire dining room wood china cabinet table and buffet table with chairs; two mattresses with box springs, various household items and collectibles, artwork, brass wall mirrors, lamps, etc; 2D115 JUNKANG XU Household Goods; 2D135 Julie Reid storing a large on bedroom apartment fully furnished, 25 bins, fridge, 10 boxes; 2D235 Lakia Myers household items; 2D48 Miltzi Ransom-Long Clothes and bins; 2E02 Rhonda Jones Household items; 2E10 Tesha Mason Living room and Bedroom, Boxes; 2E42 Sheila Robinson household goods; 3A109 Gary Chisom Household Goods; 3A112 James Johnson Tools & Household Goods; 3A178B Donna Giddings bedroom, living room and dining room; 3A194 Suleyka Hernandez 2 bedroom sets; 3A261 Zechariah Campbell Household items; 3A50A La Verne Towns bags & household items; 3A84 Serron Rogers Chef items, Baby stuff, and Boxes, Rocking Chairs; 3A85 Ashley Channon bags, clothes, books, paperwork, 2 tablets and a desk top; 3B10 Warren Williams household items; 3B15 Jason Phillips couch, love seat Tv, boxes, tapes; 3C05 Nyomi A Easley household items; 4A124 Kim Johnson school items, household items; 4A165 Malik Williams mini freezer, 55 inch TV, Two A/C units, 6 bags, Bike, chairs; 4A178 Jasmine Dean HOUSEHOLD ITEMS; 4E142 Belinda Powell Household Goods; 4E159 Yvonne Crawford Bins and freezer.

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on April 18, 2018 at 2:30PM at the Extra Space Storage facility located at: 6204 Oxford Avenue, Philadelphia, PA 19111, (215)744-1563. The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes, and appliances.

A132C James Robert Hatty (Household Items), A139C Shanika N. Flippen (Clothes & Plates), B122 Cornelius Sellers Jr. (Tools & Ladders), C107 Shirley Stringfield (Household Items), C125 Selena Williams (Household Goods), C201C Roselaure Richard-Duvet (Household Goods), F121 Gregory Cameron (Apartment Goods), F143 Neffertiti Little (Clothes)

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

NOTICE OF SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on April 18th, 2018 at 3:15PM, at the Extra Space Storage facility located at: 1553 Grant Avenue, Philadelphia, PA 19115, (215) 464-3913. The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes and appliances.

412 - Michael Schaeffer - (Files, Seasonal, Toys),
497 - Ani Angel Navasartian - (Weights, Bench, Boxes, Bins, House Goods),
288 - Dion Reed - (Household Items)

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that Extra Space Storage will sell, to satisfy lien of the owner, at public sale by competitive bidding on April 18, 2018 at 9:45 AM at the facility located at: Extra Space Storage, 2300 Washington Ave, Philadelphia PA 19146, 267-607-5171. The personal goods stored therein by the following may include, but not limited to general household furniture, boxes, clothes and appliances.

4134 Robert Johnson - X Box, cleaning supplies, baby formula, totes, duffle bags and can food;
41478 Robert Johnson - Juice Water, and Paper plates;
5009 Xavier Thompson - fax machine, box spring, headboard, footboard and side tables;
5046 Charles Williams - couch, stereo, tv, bags, boxes and kids toys; 5150B Michael Szelliga - bins;
5182 Rae Lambright - old stereo, boxes, heater, camping gear, totes, wheel chair and bed frames.

Purchases must be made with cash only and paid at time of sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage reserves the right to bid. Sale is subject to adjournment.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that Extra Space Storage will sell at public auction April 18, 2018 at 4:00 PM at the storage facility listed below, to satisfy the lien of the owner, personal property described below belonging to those individuals listed below at location indicated: Extra Space Storage 12005 Roosevelt Blvd Philadelphia, PA 19154 215-514-2704.

1225 Nikole Alford household items - 917 Crystal Lucas household items
01 Elhad Ibrahim boxes, furniture - 1241 Amber L. Kee household items
K10 Shauna Marie Burkhardt clothing, misc items
#1519 Stephanie Major - household items

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.



No. 1



Eagles
13-3 (2017 record)

The Eagles biggest lost from their Super Bowl winning squad is slot cornerback Patrick Robinson. The departures of

Torrey Smith and Vinny Curry have been offset by bringing in Mike Wallace and Michael Bennett, players who could well be improvements, though Bennett's off-field drama has blindsided

the team a bit. If you consider that the Eagles are also regaining their starting quarterback, left tackle, and middle linebacker from injuries, the offseason just looks even better.

No. 9

Packers
7-9



Other than the much-anticipated return of quarterback Aaron Rodgers there's not much to be excited about. We'll see how swapping Jordy Nelson for Jimmy Graham works out. They sent Damarius Randall packing, and missed out on Kyle Fuller to replace him. Muhammed Wilkerson could become a nice signing.

No. 10

Chargers
9-7



Their 2018 offseason was a pretty quiet one, which you know when we're about to herald the arrival of a kicker. But the Chargers struggled mightily in the kicking game in 2017, and if Caleb Sturgis can return from injury to his 2016 form those struggle should be over. Mike Pouncey upgrades an offensive line that needed it.

No. 11

Texans
4-12



The Texans are another team that benefit immensely from the return of injured stars: DeShaun Watson and J.J. Watt are just a start. But they've also added Tyrann Mathieu and Aaron Colvin to their secondary. If Watson isn't ready to go, or gets injured again Brandon Weeden will serve as their back up QB.

No. 12

Cowboys
9-7



The Cowboys were quiet in free agency. They were the last team to sign a player and their off-season is highlighted by the additions of Allen Hurns and Cameron Fleming. After the way their offensive line unraveled in 2017, Fleming was necessary depth even if he doesn't command a starting role. Their biggest loss is linebacker Anthony Hitchens, gone to the Chiefs.

No. 16

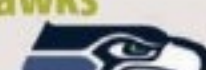
49ers
6-10



The 49ers certainly put a different spin on their 2017 season by ending it 5-0, and they entered free agency like that team, not a 1-10 one. Once Richard Sherman was released and he instantly becomes the best player in the secondary San Francisco has had in years.

No. 17

Seahawks
9-7



The exodus of talent from Seattle this off-season was exhausting: Sherman, Bennett, Graham, Paul Richardson, Sheldon Richardson, Luke Willson. They brought in D.J. Fluker for an offensive line that desperately needs help.

No. 18

Chiefs
10-6



Trading their starting quarterback coming off his best season was timed with the loss of their aging defensive core: Tamba Hali and Derrick Johnson. Less easy to explain is jettisoning Marcus Peters. They gave Sammy Watkins a huge contract as well.

No. 19

Broncos
5-11



Quarterback wasn't the only hole left to fix for a team that went 10-18 over their last 28 games. But if Keenum can reproduce his 2017 season, everything in Denver will get easier. Trading Aqib Talib was another sign that this isn't the defense it once was.



No. 3
Vikings
13-3



The Vikings moved on from three quarterbacks this off-season and added the one they believe in, the biggest prize on the free agent market: Kirk Cousins. Jerick McKinnon's loss should be offset by Dalvin Cook's return, and Cousins should be placed optimally within the most talented offense — and team — he's ever played for.

No. 4
Rams
11-5



The Rams are throwing themselves all in for a Super Bowl in 2018. Their 2018 draft is almost gone, but in its place stand Brandin Cooks, Marcus Peters, and Aqib Talib. It's not, strictly speaking, a bad draft. Oh, and they've also signed Ndamukong Suh, who should be the biggest threat on a defensive line for once in his career.

No. 5
Patriots
13-3



The Patriots added to their defensive line, acquiring Danny Shelton and Adrian Clayborn. The duo combined for nine-and-a-half sacks in 2017, though Clayborn had nine-and-a-half of those and six came in one game. But they've also lost their starting left tackle, Nate Solder, their No. 1 corner, Malcolm Butler, and just traded Brandin Cooks.

No. 7
Steelers
13-3



The Steelers have very little space to work with under the cap and spent it securing defensive help in safety Morgan Burnett and linebacker Jon Bostic. The biggest issue left on the table in Pittsburgh is star running back LeVeon Bell. The Steelers franchised their franchise running back for a second straight season.

No. 8
Falcons
10-6



The Falcons offensive line got a little better with the addition of guard Brandon Fusco from San Francisco, but at the expense of their defensive line, which saw Dontari Poe and Adrian Clayborn leave town. Without an extension for veteran quarterback Matt Ryan, Atlanta had little to work with.



No. 13
Panthers
11-5



The Panthers had a strange off-season for a team that should be in win now mode with some aging defensive stars: Julius Peppers and Thomas Davis. Star Lotulelei and Andrew Norwell are gone, leaving gaping holes on both lines. Dontari Poe can only fill one of those. Trading Daryl Worley to Philadelphia leaves them thinner at cornerback.

No. 14
Titans
9-7



The Titans biggest signings were a pair of Patriots. Malcolm Butler is an upgrade in the secondary. Signing Dion Lewis ensures the Titans remain committed to a running back by committee approach but gives them more dynamism at the position than they had with DeMarco Murray complimenting Derrick Henry.

No. 15
Lions
9-7



There was a lot of shuffling in Detroit. Eric Ebron is out at tight end and Luke Willson is in. Haloti Ngata is gone and Sylvester Williams is in to replace him. One spot the Lions added to without losing a player in return is running back, where LeGarrette Blount will try to give them the every-down back they've lacked for years.

No. 20
Bills
9-7



The Bills were busy on defense, adding Trent Murphy, Star Lotulelei, and Vontae Davis to an already solid unit. But on offense they finally parted ways with Tyrod Taylor, whom they were never fully happy with despite making the playoffs last season.

Best of the rest

- 21— Ravens (9-7)
- 22— Redskins (7-9)
- 23— Raiders (6-10)
- 24— Buccaneers (5-11)
- 25— Bengals (7-9)
- 26— Bears (5-11)
- 27— Cardinals (8-8)
- 28— Jets (5-11)
- 29— Giants (3-13)
- 30— Browns (0-6)
- 31— Dolphins (6-10)
- 32— Colts (4-12)






SALE VALID SUNDAY, APRIL 8, THRU SUNDAY, APRIL 15, 2018

SPRING INTO SAVINGS!




Select Men's Champion Tees & Shorts
If purchased separately, \$9.99 each



SEE OUR CIRCULAR IN TODAY'S PAPER FOR MORE GREAT DEALS!

CALL NOW & SAVE UP TO 84% ON YOUR NEXT PRESCRIPTION

Drug Name	Qty (pills)	Price*	Drug Name	Qty (pills)	Price*
Viagra 100mg	16	\$114.99	Xifaxan 550mg	100	\$164.99
Viagra 50mg	16	\$94.99	Nexium 40mg	84	\$124.99
Cialis 5mg	84	\$144.99	Asacol 800mg	300	\$244.99
Cialis 20mg	16	\$114.99	Vesicare 5mg	100	\$139.99
Levitra 20mg	30	\$124.99	Ranexa ER 1000mg	200	\$184.99
Stendra 200mg	16	\$254.99	Cymbalta 60mg	100	\$59.99
Zetia 10mg	100	\$124.99	Evista 60mg	84	\$125.99
Spiriva 18mcg	90	\$184.99	Xarelto 20mg	84	\$459.99
Advair 250mcg/50mcg	180 ds	\$199.99	Pentasa 500mg	400	\$324.99
Vagifem 10mcg	24	\$109.99	Benicar 40mg	84	\$124.99
Premarin 0.625mg	84	\$89.99	Multaq 400mg	180	\$589.99
Combivent 18mcg/103mcg	600 ds	\$134.99	Myrbetriq 50mg	90	\$359.99
Symbicort 160mcg/4.5mcg	360 ds	\$209.99	Actigall 300mg	300	\$199.99
Entocort 3mg	100	\$124.99	Bystolic 5mg	84	\$109.99
Januvia 100mg	84	\$254.99	Eliquis 5mg	168	\$599.99
Aggrenox 200mg/25mg	200	\$134.99	Pristiq 50mg	100	\$149.99
Abilify 5mg	84	\$134.99	Spiriva Respimat 2.5mcg	180 ds	\$229.99
Colcrys 0.6mg	100	\$104.99	Estring 7.5mcg/24hr	1	\$114.99
Ventolin 90mcg	600 ds	\$74.99	All pricing in U.S. dollars and subject to change without notice. *We accept Amex, Electronic Checking, Personal Check or International Money Order. **Prices shown are for the equivalent generic drug if available.*		
Propecia 1mg	90	\$64.99			
Vytorin 10mg/40mg	90	\$149.99			





TotalCareMart.com
Savings made easy

1-800-267-2688

www.TotalCareMart.com

Mailing Address: ORDER PROCESSING CENTER, PO BOX 121 STN L,
WINNIPEG, MANITOBA, R3H 0Z4, CANADA CODE AN57

Can Tiger Woods really compete for his 15th major?

The Masters tees off Thursday with several big names expected to be in the hunt.



EVAN MACY
evan.macy@metro.us

The 2018 Masters has some juice to it.

Most notably because it seems to be shaping up as a battle between the 40-something monsters of the game (Tiger Woods and Phil Mickelson), the 30-something veterans (Bubba Watson, Dustin Johnson)

and the young guns (Jordan Spieth, Rory McIlroy and others).

The generational divides have coalesced to bring something for everyone at Augusta National this week — with things teeing off Thursday morning — and could make for one of the most viewed and anticipated Masters in years.

Of course, this all begins and ends with Woods.

The 42-year-old will play in his first Masters since 2015 and is preparing hard. Before a jovial practice round with Mickelson Tues-

day, Woods reportedly practiced at Augusta twice last month. His game is reinvigorated, as he seems to be firing on all cylinders after impressive showings at the Valspar Championship and Arnold Palmer Invitational in March. He has become a betting favorite in Las Vegas.

"He's got a great chance," McIlroy — a golfer missing only the Masters from his grand slam resume, said. "Look at how he's played the last few weeks. He's had four wins here. He's very comfortable around this golf course, and



Tiger Woods tees off at 10:42 a.m. Thursday, while Phil Mickelson will play in the afternoon, starting at 1:27. GETTY IMAGES

his game is right there. Anytime Tiger Woods is healthy and in this sort of form, he's dangerous at any golf tournament. But given his history here, I think even more so."

Mickelson, too, is playing well. He's finished routinely in the top 10 this year with a

win in Mexico and second at Pebble Beach. The duo will command massive galleries this weekend.

As will the younger guys. Sergio Garcia is seeking to defend his title while Spieth is still chasing the green jacket he let slip away a few years ago. McIlroy

has won this season — in dominating fashion, as has Watson, Justin Thomas, Jason Day and Justin Rose.

It's an impressive ledger of winners to be sure. If any of them can "upset" Tiger and capture a second win on the year will be an understandably tough task.

MEDICAL RESEARCH

To advertise, call Jennifer Lydon at 215-717-2694
or email jennifer.lydon@metro.us



Free Yourself from Cocaine!



Call the **Treatment Research Center**
for a confidential screening to see if you are eligible.

215-746-3708



The University of Pennsylvania has **outpatient** clinical trials for people struggling with cocaine.



Perelman
School of Medicine
UNIVERSITY OF PENNSYLVANIA

DO YOU HAVE MODERATE TO SEVERE PLAQUE PSORIASIS?



Penn Medicine

DEPARTMENT OF DERMATOLOGY

is looking for volunteers for a research study comparing the effect of an FDA approved treatment for psoriasis, Otezla, on inflammation in the body and heart disease

Study participants will:

- Be eligible to enroll in a psoriasis trial at no cost that provides treatment & follow-up
- Be eligible for compensation per visit, up to \$600, for time and travel costs
- Contribute to innovative psoriasis and heart disease research



Contact us for more information:
(215) 662- SKIN
skinvip@upenn.edu



LEGAL & PROFESSIONAL SERVICES

To advertise call Susan Peiffer at 215-717-2695
or email susan.peiffer@metro.us

SLIP AND FALLS TRIP AND FALLS

Call For Any Fall Down Claims



FREE CONSULTATION

Office 215-496-1100
24/7 Emergency 215-480-3200

Saul Law Firm - 1313 Race St. Phila, PA 19107

Medical Mistakes

Cerebral Palsy Cancer Misdiagnosis
Birth Injury Surgery Mistakes
Amputations Hospital Death

Doctor-Lawyer on staff

Over \$100 million
recovered as co-counsel

Law Offices of Tai Y. Wong
www.tymdjd.com

215-592-9750

Free Initial Consultation. No Recovery-No Fee
1101 Market Street, Aromark Tower Suite 2820, Philadelphia, PA 19107

INJURED AT WORK?

WE WILL FIGHT FOR YOU
• WORK INJURIES • SOCIAL SECURITY DISABILITY
• PERSONAL INJURY CLAIMS

FREE CONSULTATION

SE HABLA ESPANOL



CHRISTY ADAMS, ATTORNEY

NICK RENZI, ATTORNEY

CENTER CITY • 1429 Walnut St.
NORTH PHILA. • 227 W. Lehigh Ave.
CALL US AT: 215-546-4208

SLIP AND FALL

Our Law Firm handles all **FALL DOWN** Claims

Free Consultation 24/7

215-268-7800

1617 JFK Blvd., Suite 355 Philadelphia, PA 19103

SLIPANDFALLGUYS.COM

CANCER MEDICAL MALPRACTICE DEFECTIVE PRODUCTS

Evaluations by
Attorney named
top 1% of attorneys
nationwide, PA Super
Lawyer, and Life-time
member of Million
Dollar Advocates
Forum.



**Millions of Dollars Recovered for
Injured Clients**

Emmanuel Law Firm, LLC
Two Penn Center, 1500 JFK Blvd. **215-567-0493**
No Recovery-No fee/Free Consultations Call or email us today
Home/Hospital Visits www.emmanuellawfirm.com

MEDICAL RESEARCH

To advertise call Jennifer Lydon at 215-717-2694
or email jennifer.lydon@metro.us

Do you have high blood pressure?

The University of Pennsylvania Health System, Renal Medicine is conducting a research trial of the effects of an investigational procedure as a possible treatment for high blood pressure.

You may be eligible if you are:

- Between the ages of 20-80 years
- Have high blood pressure (top number 150-180)
- On or off medication for your blood pressure

This procedure is not for everyone and does carry some risks. Caution: Investigational device. Limited by federal law to investigational use

Please Contact Robin Neubauer, RN
For further information
Tel: 215.615.4886

Penn Medicine, Renal Hypertension

CAREER TRAINING

OIC
PHILADELPHIA

Your future is calling at...
PHILADELPHIA
Opportunities Industrialization Center

OIC has **Tuition FREE** Hospitality Classes with Internship & Job Placement assistance available in the following fields:



Culinary Arts - 16 weeks



Housekeeping - 9 weeks



Front Office - 9 weeks

START DATE: Monday, May 7th 2018

APPLICATION DEADLINE: May 2nd 2018

CLASS DAYS & TIME: Monday - Friday • 8:30am - 2:45pm

CONTACT: Mrs. Council-Grant, Admissions Specialist

215.236.7700 (ext. 325)

LOCATION: 1231 N. Broad Street, 4th Floor, Philadelphia, PA 19122

REQUIREMENTS:

- Must bring your **High School Diploma/Transcript or GED**
- Must bring a **Valid State ID** (school ID not permitted)
- PA/DE & NJ Residents are welcome
- Must apply at OIC **Monday - Friday from 9am - 2pm**
- TABE Testing Administered on site
- Must be able to adhere to our professional dress code policy if accepted to participate, which consists of black dress slacks or skirt, white dress shirt/blouse, black or dark color tie and blazer, black non-slip shoes (uniform starts the day of orientation)
- Must provide OIC with **three written references** at orientation (non-family members)
- **NO APPOINTMENT NECESSARY (PLEASE DO NOT BRING CHILDREN)**

philaoic.org

OPENING OPPORTUNITIES FOR ALL

ENTERTAINMENT



Real Singles,
Real Fun...

30 Minutes free for Men,
always free for ladies.

1-267-515-5705

More Numbers: 1-800-926-6000
Livelinks.com 18+

TRY IT FREE!
CALL NOW

215-557-2000
OTHER CITIES 1-877-800-5282
LAVALIFEVOICE.COM

night exchange
Call Now!
FREE TRIAL

215.557.2222
TOLL FREE 1 877.839.1110
www.nightexchange.com

PSYCHICS

SHEIKH MANSOUR

INTERNATIONAL SPIRITUAL
HEALER WITH BORN
GIFTED POWER AND EXPERIENCE

Super natural gifted man who helps both
internal & external matters in marriage,
love, court, business, luck, gambling,
protection, returning love one back.

**EXPERT IN ALL OCCULTIST
HUMAN PROBLEMS.**
**ONLY ONE VISIT WILL LEAD
YOU TO THE RIGHT PATH!**
CALL NOW FOR JOY!
RESULTS IN A FEW DAYS
GUARANTEED 100%
Call 347-261-0226

metroCLASSIFIEDS
To place an ad call 866-900-9473

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance of Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metro
CLASSIFIEDS

To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

CARS

Cars for Sale

AUTOS FOR SALE

Best Bang for your Buck in the Tri-State Area! Hands Down!

2010 Avenger
Nothing is Needed



\$3333

2009 VUE
AWD, Total Package



\$3333

2008 CROWN VICTORIA
BEAST of a CAR



\$2222

2007 SRX
95K, FLAWLESS,
LOADED



\$4999

2006 LACROSSE
Leather & Loaded



\$2500

1998 LEXUS GS 400
Caution: EXTREMELY FAST



\$2222

CALL/TEXT: 215-626-2124

Vehicles Wanted



215-867-5800



WE BUY CARS & TRUCKS
(any condition)

\$100--\$5000

CASH PAID

FREE TOWING

SAME DAY PICKUP

267-229-1970

metroCLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

\$\$\$ UP TO \$1100.00 \$\$\$

For Cars w/Bad Engines
w/ or w/out title

500.00 CASH \$\$\$

For Any Junk Cars or Trucks

215-669-1000

metro
CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

REAL ESTATE

Real Estate for Sale

House For Sale
\$549.14 a month

3 Bedrooms, Excellent condition

Nick's Real Estate

(215) 425-3500

Real Estate Wanted

WE BUY UGLY HOUSES.



1-800-301-3223

Rooms for Rent

**WEST PHILADELPHIA
APARTMENT**

628 Wynnwood Road

2nd Floor, AC, No Mice!

\$750/Month

3rd Floor, 1 Bedroom

\$675/month

267-307-5673

metro
CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

\$\$\$ CASH PAID \$\$\$

BUYING NICOTINE

PATCHES / GUM

And **LOZENGES**

We Pickup

215-395-7100

**MITCHELL TEST
STRIPS INC**

We buy Diabetic Test Strips

We will pay up to \$60 per box

We will pick up

— GUARANTEED —

CALL #215.820.4312

metro
CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

metroCLASSIFIEDS

To place an ad call 866-900-9473

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rule card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

JOBS

General Help Wanted



**TTC TOTAL
TRANSPORTATION
CORP.**

**SCHOOL BUS DRIVERS
AND BUS ATTENDANTS WANTED**

- Immediate Openings
- Competitive Wages • Benefits Package
- Benefit Rate and Non-Benefit Rate
- Training Available for
CDL and Non-CDL Drivers
- Classes Forming Now
- **\$500 SIGN-ON BONUS FOR DRIVERS
WITH CURRENT CREDENTIALS**

Please Apply in Person

Monday through Friday

9:00am to 3:00pm

**3101 Orthodox Street,
Philadelphia, PA 19137**

215-383-0470

SERVICES

\$\$\$ CASH \$\$\$

For Diabetic Test Strips

April Special Only - Onetouch Ultra Blue

100ct = \$40 - 50ct = \$20

Turn in your Unopened, Unexpired boxes of
Diabetic Test Strips and Get Cash on the Spot!!

221 W. Girard Ave (drop off only) | Hours: M-F 8:30-3:30pm Sat: 10-2pm

267-275-1717 | www.dollarsforstrips.com



CASH TODAY!!

FOR DIABETIC TEST STRIPS!!

#1 IN CUSTOMER SERVICE • MOST BRANDS ACCEPTED

WE PAY YOU MORE!! UP TO \$60 PER BOX!!
(MUST BE UNOPENED AND NON-EXPIRED TEST STRIPS)



WE PICK UP!

CALL (484) 447-1223

TO SCHEDULE A PICK UP TODAY!



DRIVER/PARATRANSIT
Abington, PA

Up to \$14/HOUR

• Experience preferred or will train

• PA license • Good MVR

• Location is accessible to public transportation

CALL

215-517-7938

ITEMS WANTED

NEED CASH?

**BUYING Diabetic Test Strips,
Nicotine Patches/Gum
PAYING up to \$50/Box**

215-425-7897

DROP OFF 1802 EAST ALLEGHENY AVE (K&A)

METRO.US
/GAMES

metro.us/crossword

ACROSS

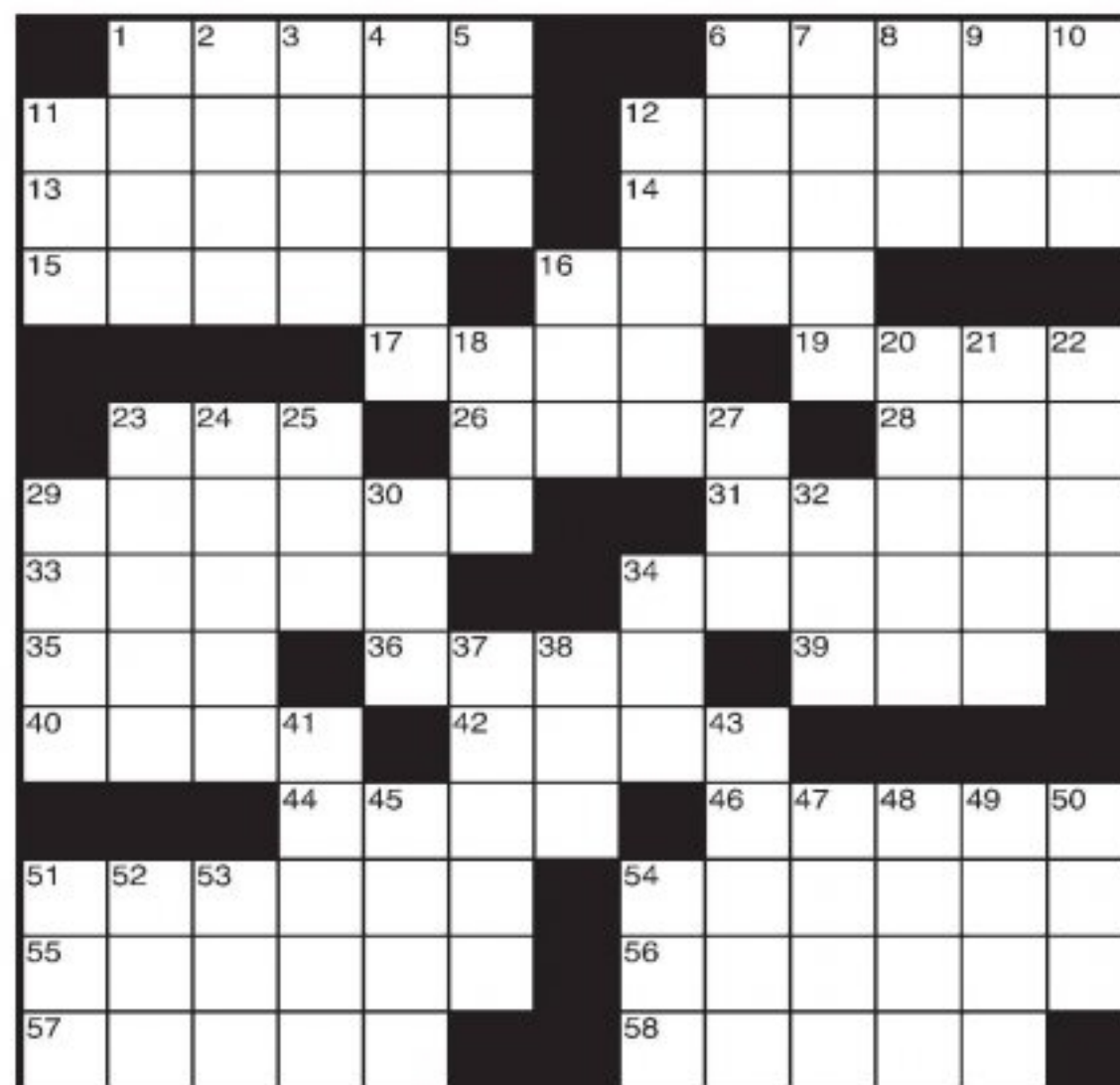
1 Belly dance clackers
6 Fracture
11 Succeed (2 wds.)
12 Festooned cocktail (2 wds.)
13 Unabridged
14 Flip
15 Rock shop curiosity
16 Cheerio! (hyph.)
17 Look like
19 Grassy area
23 Kept under wraps
26 Reimbursed
28 John Wayne's "— Lobo"
29 Soft, warm wool
31 Unwraps
33 Cover story
34 Pang
35 Land in "la mer"

36 Beer or ale
39 Krypton or radon
40 Greek harp
42 Klutz's cry (hyph.)
44 Pats lightly
46 Split to join
51 Replenish
54 Soft purples
55 Sibyl
56 Aquatic mammals
57 Eccentric
58 Limerick starter

DOWN

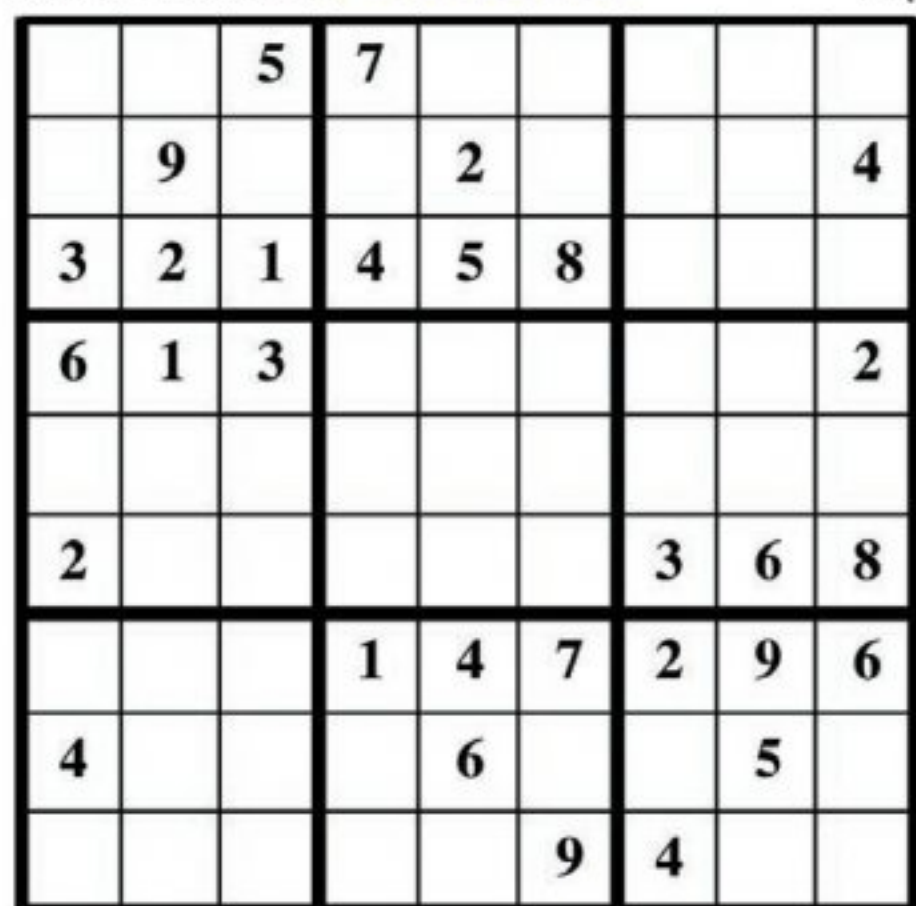
1 Oater author — Grey
2 Gung-ho about
3 Burglar's "key"
4 Tackle box items
5 Sault — Marie
6 Bevel
7 Challenger
8 Stopped for lunch
9 Ford or Lincoln
10 Vixen's babe
11 Violin's tone adjuster
12 Dolphin home

16 Crumpet companion
18 MPG monitor
20 Bullring
21 Pilot's insignia
22 Muzzle
23 Rolling
24 Slicker
25 Smite a knight
27 Investor's concern
29 Rockies resort
30 Tip of a pen
32 Bacon on the hoof
34 Tango need
37 Moscow money
38 Codgers' queries
41 King's command
43 Moor
45 Pact member
47 Troubadour prop
48 Above
49 Paris papa
50 Double curve
51 Stick up
52 Memorable decade
53 Like some cats
54 Pierre's word

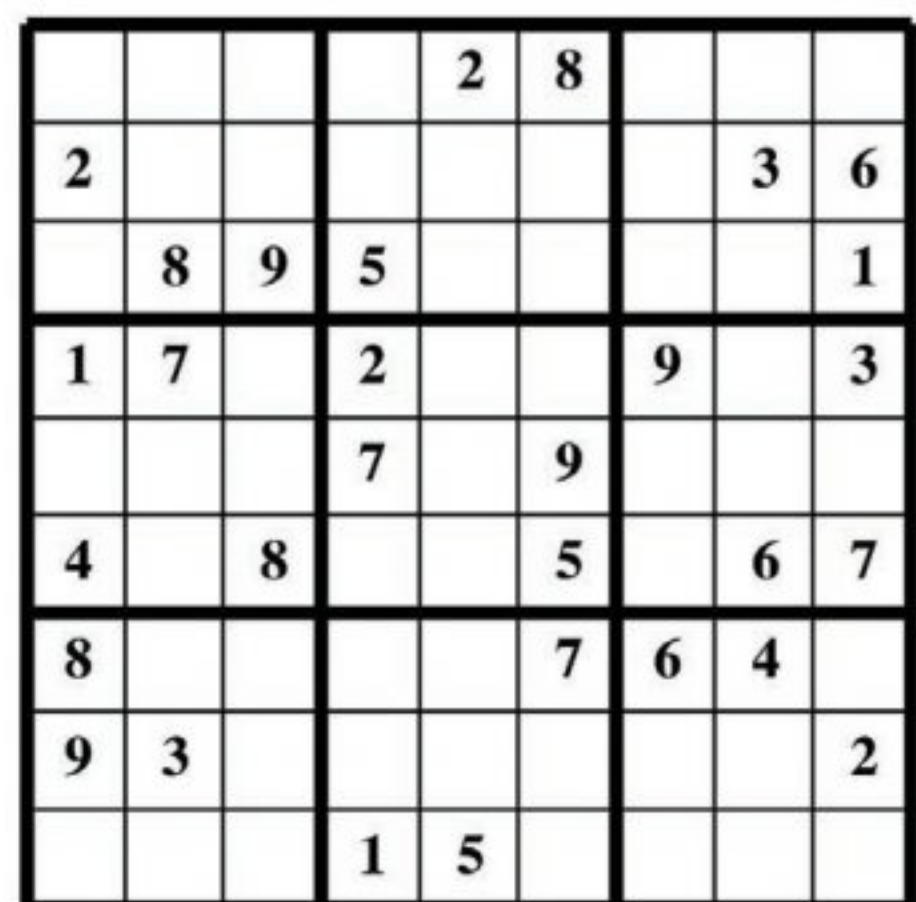


metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries Take the time to cultivate good relationships with your peers. How you deal with others will determine how much you get in return.



Taurus Make plans with someone you love to spend time with. Doing things with children, a friend or a loved one will bring some suggestions that will change relationships.



Gemini Personal changes at home will give you a boost. Moving things around or making room for something you enjoy doing will add to your comfort. Romance is in the stars.



Cancer Do your best to nourish important relationships. Listen and look for solutions to problems. Matters concerning older relatives should be handled with care.



Leo Get along with your peers if you want to avoid being left out. Show enthusiasm and be willing to pitch in and help so that you'll be kept in the loop as changes are being considered.



Virgo Share your ideas to receive all sorts of suggestions that will help you coordinate your plans in a timely and affordable manner. A partnership will improve your chances of success.



Libra Your desire to be loved and to keep the peace will jeopardize your success if you are constantly helping others get ahead. Make personal changes that support you.



Scorpio Get your thoughts and feelings out in the open. Now is the time to speak up and make changes that will improve personal and professional relationships.



Sagittarius Trusting someone unreliable will leave you in an awkward position. Don't share rumors, or you will end up being the one who is blamed.



Capricorn A change to the way you do things may come as a surprise to friends and relatives, but if it's in your best interest, you should trust your instincts.



Aquarius Tell someone you love exactly how you feel. Much can be accomplished if you are forthright about what you are willing to give and what you want in return.



Pisces Spice up your image and the way you embrace life, work and getting along with others. Step out of your comfort zone and show off what you have to offer. **EUGENIA LAST**

Yesterday's answers

TELL JABS OWE
SWAB ARIA FOG
PERSIMMON FRA
SRA DES DOSED
ALS JAI
FORGE FOLLOW
AREA AOK PAL
QBS LIE SALE
STABLE POLKA
WAY AOL
RIPEN RUE APE
OVA GLITTERED
PEC LENO AGOG
ESE EEKS TONE

Can't wait until tomorrow to check your answers? Visit **metro.us**



As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro Philadelphia** 30 S. 15th St., Philadelphia, PA 19102 • **main** 215-717-2600 • **to advertise** 215-717-2695 • **Press releases** pressrelease@metro.us • **Associate Publisher** Susan Peiffer • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** adspilly@metro.us • **Chief Revenue Officer** Ed Abrams, Ed.Abrams@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Site Director** Linnea Zielinski, linnea.zielinski@metro.us • **Night Editor** Jason Nuckolls, jason.nuckolls@metro.us • **Art Director** Luis Matos, Luis.Matos@metro.us • **Sports Editor** Matt Burke, matthew.burke@metro.us • **Features Editor** Joshua Crouthamel, Joshua.Crouthamel@metro.us • **Entertainment/TV Editor** Matthew Juul, matthew.juul@metro.us • **Going Out Editor** Eva Kis, eva.kis@metro.us • **Head of Production** Matt Prowell, matt.prowell@metro.us



FROM **\$79⁰⁰**
**2 PAIRS
OF GLASSES**

Includes Complete Exam, Frames, Lenses
** Cannot be combined with insurance

FROM **\$129⁰⁰**
**2 BOXES
OF CONTACTS**

Includes Exam, Fitting, 2 Boxes of Contacts
** Cannot be combined with insurance

FREE GLASSES OR CONTACTS
WITH MOST OF THESE INSURANCES*

Aetna
Blue Cross & Blue Shield
City Workers
Davis Vision
EyeMed
Health Partners
Keystone First
NVA
Optimum Health Vision
Police & Firemen | FOP
SEPTA Employees
Superior Vision
United Healthcare Community
University of Penn Employees
Vision Benefits of America | VBA
Vision Service Plan | VSP
Plus most other insurances

3810 Morrell Ave // 215-632-6698
2200 Wearsheaf Lane // 215-288-3333
4002 Chestnut Street // 215-921-4874
1925 Chestnut Str-eeet // 215-854-0441
1325 Market Street // 267-514-4696

eyeencounters.net
eye encounters
vision centers

*Co-pays may apply

Prada | Gucci | Ray Ban | Versace | Dolce & Gabbana | Keneth Cole | Tom Ford